

THINK DIFFERENT!

- ✓ Low Listing Fee (e.g. \$200+)
- ✓ Buyer Cash-Back Reward
- ✓ Full Service REALTOR® option



Ziglu...a different kind of real estate company.
www.ziglu.com
(613) 233-9229

HAPPY HÉLÈNE DAY!

ON FRIDAY, OTTAWA WILL HONOUR YOUNG
LUNG-TRANSPLANT HOPEFUL WHO HAS CAPTURED THE
HEARTS OF AN ENTIRE COMMUNITY

PAGE 3



OTTAWA

metro



metronews.ca | twitter.com/metroottawa | facebook.com/metroottawa

Thursday, March 29, 2012



GLOVES OFF!

MP Justin Trudeau and Sen. Patrick Brazeau face off at their weigh-in at the Dubliner pub. Trudeau tipped the scales at 180 pounds and Brazeau at 183. The pair will box in the Fight for the Cure charity bout at the Hampton Inn on Saturday. For more on the politicians, the match and young people in politics, see pages 10-11. GIOVANNI/FOR METRO

Public workers bracing for hard times

Federal budget. The government tables its budget today, and public servants complain they've been kept in the dark about job cuts

 STEVE COLLINS
[ottawa@metronews.ca](#)

Canada's largest public-sector union is bracing for a harsh budget today.

"We are expecting significant austerity measures from this government and we think it's going to hurt services," said Patty Ducharme, executive vice-president of the Public Service Alliance of Canada.

The Canadian Press reported on Wednesday leaked information from Conservative sources saying the budget will contain \$7 billion in cuts, but Ducharme said it's hard to know the real numbers because the budget process has been so secretive.

"We normally have

some sense of what's going into the budget," she said. "There's normally departmental consultation that's much more transparent than what has taken place to date."

Because so much of the public service is located here, she said, layoffs will be keenly felt in Ottawa, and not just by those who lose their jobs.

"Small corner stores and coffee shops that are close to high-density areas of federal public services could see a drop in their business," she said.

What you don't know about Juno

Winning is great, but for Natalie Lepage and her band, Capital Sound, it doesn't pay the rent

PAGE 4

Move over, Sens

Canada's best, toughest rugby teams will be coming to Ottawa in August, as they prepare to qualify for the 2016 Summer Olympics in Rio de Janeiro

PAGE 6

All white or floral bright?

You decide. From London to Paris to Milan, women are tossing away the fashion magazines and springing into the season with what looks good on them

PAGE 30

BROUGHT TO YOU BY: ASOKAN THIRUMAJAM, BROKER, KELLER WILLIAMS OTTAWA REALTY LTD. BROKERAGE 613-236-5999

ADVERTISING FEATURE

How to Get the Price You Want (and Need)

OTTAWA — When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range before they're even given a chance of a

showing. Your asking price is often your home's "first impression", and if you want to realize the most money you can for your home, it's imperative that you make a good first impression. This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a homeseller as pricing too low. Taking a look at what homes in your

neighbourhood have sold for is only a small part of the process, and on its own is not nearly enough to help you make the best decision. A recent study, which compiles 10 years of industry research, has resulted in a new special report entitled "Pricing Your Home: How to Get the Price You Want (and Need)". This FREE report will help you understand pricing strategy

from three different angles. When taken together, this information will help you price your home to not only sell, but sell for the price you want.

To order your FREE copy of this report visit www.RightHomePricing.com or call 613-788-7438 for a 24/7 recorded message.

DISTRESS SALE - BANK OWNED - FORECLOSURE



Get a FREE list of Ottawa Homes
www.DistressHome.com

City to proclaim Hélène Campbell Day in Ottawa

Young woman recognized. All eyes will be on Hélène Campbell Friday when she appears at city hall via Skype

 JOE LOFARO
joe.lofar@metronews.ca

As the Torch of Life rolls into Marion Dewar Plaza Friday,

the city will officially proclaim Hélène Campbell Day in Ottawa.

The Barrhaven woman has made waves online for her organ-donation awareness campaign as she waits in Toronto to receive a double-lung transplant.

A family friend spearheaded the idea, which caught the city's attention. Coun. Doug Thompson is to make the proclamation on behalf of Mayor Jim Watson.

Campbell's mom, Manon Roy Campbell, said she is both honoured and humbled by the news.

"It's just a confirmation for us and for Hélène in terms of her care and concern for the cause that she's been wanting to support," said Roy Campbell from Toronto.

"We feel very moved by the decision."

The Torch of Life relay is a cross-Ontario run to increase awareness of organ and tissue donation.



Manon Roy Campbell, left, and her daughter, Hélène, are pictured in December before they moved to Toronto. JOE LOFARO/METRO FILE



A rockin' good start to the Juno celebration in Ottawa

Manotick-based Juno nominees Hollerado help kick off Juno Week in Ottawa Wednesday inside the NAC. Representatives from the City of Ottawa, the National Capital Commission and the Canadian Academy of Recording Arts and Sciences hosted the event in front of a crowd of about 100 guests. Hollerado lead singer Menno Versteeg said it was an honour to be asked to perform. "It's really neat to be asked, because it's not really, as you can see, our usual environment," said Versteeg. "That part of it was really fun." JOE LOFARO/METRO

1

NEWS

Mobile news



Wondering how to dispose of your phone? Just ask it. Cities across the country are using smartphone apps to ease the process of tech recycling. Scan the code for the story.

On the web

Lunch is for disco dancing

Some workers in Sweden have found an offbeat way to spend their lunch hour. Actually, on-beat is more like it. Disco lights, sweaty bodies and pulsating beats are all on the menu during the lunch-time dance parties that started in Stockholm and are spreading across Europe. Watch at metronews.ca/video

We're Back at the Sportsplex!

SALEEVENT Warehouse Sale

Friday, April 6 to Sunday, April 15 • 10 GREAT DAYS!! • DON'T MISS IT!!



L'ORÉAL®
PARIS
MAYBELLINE
NEW YORK

Johnson & Johnson
INC.
CAMBRIDGE TOWEL



REVLON
FRAGRANCES

haggar.

1701 Woodroffe Ave. – Arena 3 • Open Good Friday and Easter Sunday • For more info: www.saleevent.ca

Her Juno joy: 'I felt I was floating,' says Ottawa's Natalie Lepage

Words of caution. But glow doesn't last, so think long-term and keep your head, she advises young artists thirsting after fame

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Winning a Juno Award is fantastic, but it doesn't pave a smooth road to long-lasting success and fame, says Natalie Lepage.

Lepage is an Ottawa musician whose band, Capital Sound, took best dance recording in 1995 for the track Higher Love.

"Winning it didn't mean ... we were going to be on top forever," said Lepage, a manager at Le Château in the Rideau Centre.

When young artists win, she added, it's easy for them to lose perspective.

"For me, it was so quick how we found success. We were singing in restaurants two months after I joined the band and then all of a sudden our songs were playing on the radio."

Lepage said young artists need to believe in themselves and make sure they have a good group of friends and relatives around them.

"Enjoy the moment, but keep your head. And join a group like the Society of Composers, Authors and Music Publishers of Canada, which makes sure you're compensated for public performance of your music."

Still, Lepage said she will never forget what it was like to win.

"I screamed as loud as I could," she said. "I felt like I was floating to the stage to accept the award with the wind behind me."

The Junos are headed to Ottawa this weekend.

You can watch Lepage's music video at youtube.com/watch?v=jT4ppcqN3Cw.



Natalie Lepage shows off the Juno Award she won with her band, Capital Sound. GRAHAM LANKTREE/METRO



Take the historic foundation of Creole Louisiana style cuisine and combine it with fresh local ingredients to create the most delectable flavor combinations. Fresh shucked oysters, Certified Angus Beef® steaks, fresh fish and seafood, all served with New Orleans flair.



Big Easy's
SEAFOOD & STEAK HOUSE

228 Preston Street
613-565-3279
www.bigeasys.ca

LUNCH: 11AM - 3PM (Monday - Friday) • DINNER: 5PM to close • EASY TIME: 4PM - 6PM & 9PM to close



**Turn off the power.
Light up the stars.**

Learn more at earthhourcanada.org.

Join the Earth Hour Star Party at the Canada Science and Technology Museum.

sciencetech.technomuses.ca

Ottawa HydroOttawa

With the support of our sponsors

EMC
Your Community Newspaper

metro



BIG
BRANDS.
UNBELIEVABLE
DEALS.

Marshalls

BRACE YOUR CLOSET

MARSHALLS™ NOW OPEN IN OTTAWA

GET MAJOR STYLE AND SAVINGS THAT MATCH. MARSHALLS IS THE STORE TO FIND BIG BRANDS AND UNBELIEVABLE DEALS FOR WOMEN, MEN AND KIDS.

OTTAWA TRAIN YARDS
165 TRAINYARDS DRIVE



Like us at [facebook.com/marshallscanada](https://www.facebook.com/marshallscanada)



Sign up for our e-newsletter at marshallscanada.ca

Marshalls
marshallscanada.ca

Transit spending. Mayor proposes compromise on downtown LRT changes

Mayor Jim Watson said he doesn't want precious transit dollars spent on a new downtown LRT station, but the city may compromise by building a pedestrian tunnel instead.

A motion passed at Wednesday's council meeting by Coun. Diane Deans' calls for a "weather-protected connection" to link riders from the Downtown-East LRT station to the National Arts Centre.

Deans also introduced a motion to start a feasibility study to look at moving Downtown-East farther east, closer to Elgin Street.

The motion comes after Lord Elgin Hotel owner Jeff Gillin wrote a letter to city councillors in which he offered \$2

million over 10 years for an LRT station closer to his hotel and the Chateau Laurier.

Watson said he opposes that proposal because it would put the LRT project over budget.

"Delays mean more costs and it's not in our interests to keep delaying this project," said Watson.

The NAC is expected to work with the Gillin family to solicit more partners to secure funding for the tunnel.

After meeting with the Gillin family and members of the NAC Tuesday night, Deans said everyone was in agreement that moving the Downtown-East station farther east would be in everyone's interests.

JOE LOFARO/METRO



An aerial view of the proposed Downtown-East LRT Station. CONTRIBUTED

Hoax

Fake messages cost hours of police time

The OPP's east region crime unit is investigating fake text messages received across the area.

Several people have received messages on their cellphones indicating that somebody has been murdered. All the messages have been confirmed as hoaxes but at the cost of hours of police time.

STEVE COLLINS/FOR METRO

Accident

Woman in stable condition after being hit by SUV

An 89-year-old woman suffered head and leg injuries after being hit by an SUV at 9:27 a.m. Wednesday near Smyth Road and Dauphin Street.

She was conscious when paramedics arrived to treat her and is in stable condition in hospital. Police are investigating.

STEVE COLLINS/FOR METRO



Canada's men's rugby team takes the ball during the Hong Kong Sevens tournament. Ian Muir/CONTRIBUTED

Rugby coming to stadium near you

Olympic ambitions.

Canada going up against U.S., Caribbean countries in August

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Canadian teams with a shot at playing in the 2016 Summer Olympics in Rio de Janeiro will be showing their skills in Ottawa this August.

It's been 88 years since rugby was last played in the Olympics, but it's making a

comeback. Canadian men's and women's teams will face U.S. and Caribbean countries Aug. 25 and 26 at the Twin Elms Rugby Park in Ottawa's west end, Rugby Canada announced yesterday.

Match winners will go to the Olympic qualifiers at the Rugby Sevens World Cup in Mexico next year.

"Canada's women's team has a good chance at winning the Olympics. They've beaten every other top country, including world champ Wales," said Rugby Canada CEO Graham Brown. "So we're very excited about these games

coming to Ottawa."

Ottawa has been a big rugby supporter due to its large expat community, said Al Charron, a member of the Ottawa Irish Rugby Club who has played in four Rugby World Cups.

"I didn't know what rugby was before playing for Hillcrest High School," Charron added. "It seems to be growing every year in the city since people are watching it on the Internet and satellite TV."

One player to watch out for on the Canadian men's team is 20-year-old Taylor Paris, who has unbelievable

speed, said Charron. It will be a key element in going up against teams from Cuba, Bermuda, and Trinidad and Tabago in the seven-minute, seven-player matches.

"Seven-player games take a lot more offence and are easier to follow than traditional 15-player games," Charron said. "There's lots more running and it plays a lot like hockey."

Still, the women's team is the one to watch, he said. "They're ranked fourth in the world," said Brown. "They're quite fast and they're going to be looking to make a mark."



French for Federal Government Employees

Are you a federal government employee or do you want to become one? La Cité des affaires can help you reach your language training objectives.

PFL2 Method

➤ April 24th to June 29th 2012, Tuesdays and Thursdays
Beginner II | Intermediate I | Intermediate II

Reading and Writing Test Preparation

➤ April 24th to June 1st 2012, Tuesdays and Thursdays

For information:

Daniel Cardinal 613-742-2493, extension 2763
dcardi@lacitec.on.ca
www.lacitec.on.ca/web/lca/corporate-services/ffge.htm



la cité collégiale
Le Collège des meilleures pratiques

Canada could be lost in space: Industry



While installing Canadarm2 on the International Space Station, Canadian astronaut Chris Hadfield peers into the crew cabin of the Space Shuttle Endeavour. NASA

Traffic-light study. Research takes student to national science fair

Joana Alhegagi's research on Ottawa traffic lights has green-lighted her way to this year's Canada-Wide Science Fair in Charlottetown.

"I'm actually really excited to go because I haven't been anywhere in that part of Canada," said Alhegagi, a Grade 8 student at Henry Munro Middle School.

She was among some 250 area students who displayed their projects at Carleton University Saturday for the 51st annual Ottawa Regional Science Fair, and one of 11 finalists selected to progress to the national event in May.

"It was a lot of fun because I liked talking to the



Science-fair winner Joana Alhegagi, 14. STEVE COLLINS/FOR METRO

judges," she said. "They were really nice and they gave you a lot of pointers and they seemed really interested in my project."

For that project, Alhegagi did a study of local traffic lights.

"I was testing to see if the amount of time that we have for yellow traffic lights is enough for drivers to make safe decisions," she said.

In the intersections she studied the yellow light typically lasted 3.6 seconds, and according to physics formulas she used that's not enough time to safely decide whether to brake or go ahead.

She recommends extending yellow lights by another couple of seconds.

STEVE COLLINS/FOR METRO

No plan. Without government support, industry players fear Canada could be going nowhere fast

 GRAHAM LANKTREE
graham.lanktree@metronews.ca

Canada has a long way to go if it wants to continue being a player in space, said members of Canada's commercial space industry in Ottawa Wednesday.

"You're only as good as the plan you make," said Kevin Shortt, president of the Canadian Space Society and presenter at the Canadian Space Commerce Association National

al Conference. "The last thing that remotely resembled a Canadian space strategy came out in 2003."

In December, China announced ambitious plans that would take a manned mission to the moon and establish orbiting laboratories and a space station. And the European Union has earmarked 1.4-billion euros to develop new space-born telescope and transportation technologies.

"Such plans do not exist in Canada," said Shortt. "The government has fallen flat. There has never been a leader that said, 'Let's work to explore space.' Without that leadership profile, there's no direction for the industry."

At the moment, the government has launched a series of

internal reviews, audits and reorganizations at the Canadian Space Agency (CSA) set for completion in 2013, leaving any plans for a long-term strategy on the shelf.

"Critical research and development is done through the CSA," Shortt said. "This puts the space industry in an awkward position because they don't know where to invest."

One of the biggest roles the CSA plays in the industry is to be the first customer for new technologies, said Ron Holdway, VP of government relations at Ottawa-based space-technology developer Com Dev.

"When we go out to sell to the world," said Holdway, "it's hard to sell to foreign governments if your own won't buy your technology."



Colombian La Vereda
is this month's World Coffee feature

Explore the
world
through your
mug

FREE coffee

Get a cup of the world's finest coffee on us when you sign up for Timothy's World Coffee Club.

Join the club at www.timothyscafes.com



Presented By:
iMark EVENTS®
Your trademark for live, family entertainment.

WIN
A PAIR OF
TICKETS TO THE
**OLDTIMERS' HOCKEY
CHALLENGE CLASSIC** or a
PRIVATE COACHING
WITH ONE OF
THE PLAYERS!

To register and for full contest details visit clubmetro.com
TO ENTER

Civic Centre
Sunday April 1 @ 2pm
**BUY TWO TICKETS
FOR THE PRICE
OF ONE!**
ONLINE ONLY

23rd ANNIVERSARY

Tickets available at
iMarkTickets.com
USE PROMO CODE LEGEND & BUY TWO TICKETS FOR THE PRICE
OF ONE AT iMarkTickets.com

At participating cafes only. While quantities last.

Losing it in the air

A quick look at infamous flyers

JetBlue is reviewing its mental-health checks for pilots after Capt. Clayton Osbon went berserk at New York's JFK airport on Tuesday. Planes can have a funny effect on people, so we looked at some of the other worst-ever flyers.

Gerard Depardieu

The renowned French actor caused trouble on a Paris-Dublin flight last summer. As the plane was about to takeoff, Depardieu was denied entry to the toilets and so used a water bottle instead. Depardieu was escorted off the flight but explained the incident by saying, "I am an elephant."

RIM executives

George Campbell and Paul Alexander Wilson were

high-ranking officials with the BlackBerry maker, but had to be tied up after drunken swearing and violence on a December flight. The executives then attempted to chew through the restraints.

Naomi Campbell

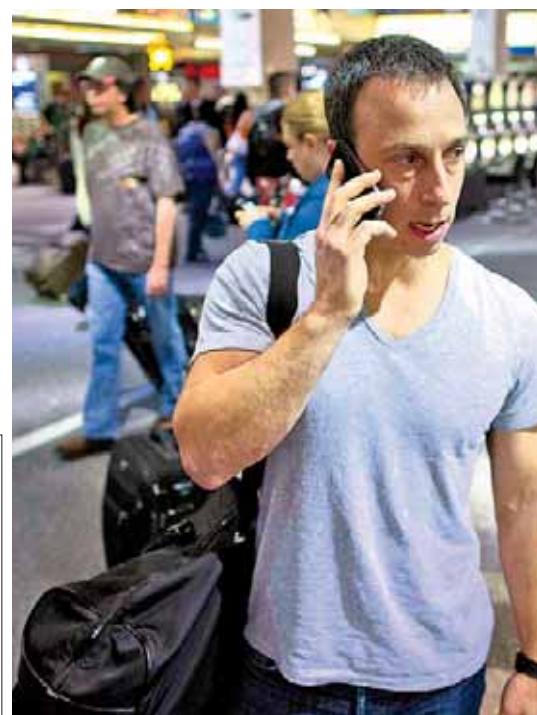
The supermodel subjected airport staff to a barrage of abuse after finding her bags had not been loaded at Heathrow in 2008. Police were called but Campbell

kicked and spat at them, accusing them of prejudice because she was "black and famous." She received 200 hours of community service.

Alec Baldwin

Another actor with flight issues. The 30 Rock star was kicked off an American Airlines flight last year after refusing to stop playing Words With Friends on his cellphone.

KIERON MONKS/METRO WORLD NEWS



Tony Antolino of Rye, N.Y., was one of four passengers who tackled and restrained the captain. JULIE JACOBSON/THE ASSOCIATED PRESS

Knock 1/2% off your home equity credit line.



Switch and drop 1/2% instantly.

We'll even cover your switching costs.*

Switch to an RBC Homeline Plan® credit line at 3.5% (prime + 1/2%). You could save as much as \$5,000 in interest payments! Get your rate in shape today.

**Speak with an RBC Royal Bank® mortgage specialist today.
1-866-864-0420**

Advice you can bank on™

*We will pay the basic title insurance fee, processing fee and one discharge fee (up to \$300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance \$50,000. †Savings based on \$100,000 secured line of credit with interest being paid over 10 years comparing a 3.5% and a 4.0% annual interest rate. The interest rate will fluctuate with the Prime Rate and is subject to change at any time without notice. Rate is effective as of February 10, 2012. This product is provided by Royal Bank of Canada and is subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada.

JetBlue airline.

Captain's bizarre behaviour forces passengers to act

A JetBlue Airways captain who sprinted through the cabin of a Las Vegas-bound flight screaming about terrorists, Jesus and Sept. 11 was charged Wednesday with interfering with a flight crew, federal authorities said.

Capt. Clayton Osbon told his co-pilot that "things just don't matter" shortly after JetBlue Flight 191 from New York departed Tuesday, according to an affidavit. Osbon, who was ultimately tackled by passengers while the plane made an emergency landing in Texas, told his co-pilot that "we're not going to Vegas" and began what was described as a sermon, the court documents said.

"The (first officer) became really worried when Osbon said, 'We need to take a leap of faith,'" according to the sworn affidavit given by an FBI agent. "Osbon started trying to correlate completely unrelated numbers like different radio frequencies, and he talked about sins in Las Vegas."

Osbon left the cockpit soon after and tensions on the plane began to escalate, according to witness accounts compiled by investigators. Osbon, described by neighbours in Georgia as tall and muscular, "aggressively" grabbed the hands of a flight attend-

ant who confronted him and later sprinted down the cabin while being chased.

"Nobody knew what to do because he is the captain of the plane," said passenger Don Davis. "You're not just going to jump up and attack the captain."

But four men did just that, using seatbelt extenders and zip-tie handcuffs to restrain and pin Osbon to the floor for more than 20 minutes while the co-pilot and an off-duty pilot who was aboard landed the plane in Amarillo, Texas.

Breakdown

"Clearly, he had an emotional or mental type of breakdown."

Tony Antolino
A security executive who tackled the pilot

The charges against Osbon, 49, were filed in Texas. He was being held Wednesday at Northwest Texas Healthcare System in Amarillo and remains under a medical evaluation.

Under federal law, a conviction for interference with a flight crew or attendants can bring up to 20 years in prison. The offence is defined as assaulting or intimidating the crew, interfering with its duties or diminishing its ability to operate the plane.

JetBlue spokeswoman Alison Steinberg said earlier Wednesday that Osbon had been suspended pending a review of the flight.

THE ASSOCIATED PRESS

**LRT IS MAKING US MOVE
EVERYTHING MUST BE SOLD!**

WALL TO WALL



**CASH & CARRY
SOLD AS IS
ALL SALES ARE FINAL**



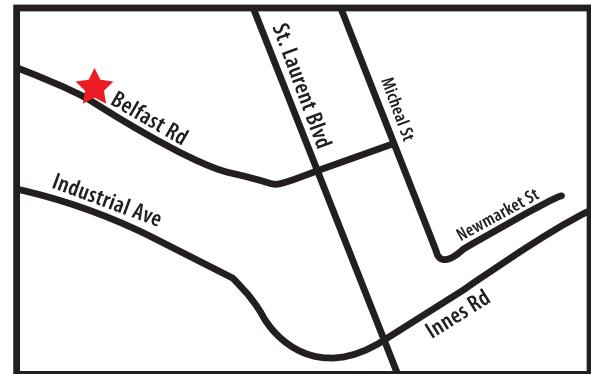
SEE IN STORE FOR ALL OF OUR SPECIALS!!!

Interest Free Financing Available OAC

**Megha
Furniture**

731 Belfast Road • 613.860.6000

STORE HOURS:
Mon, Tue, Thu, Fri 11AM – 8PM
Wed CLOSED
Sat 10AM – 6PM
Sun Noon – 4PM



Two of Canada's younger federal politicians are grabbing attention and raising money for the Ottawa Regional Cancer Foundation by trading their metaphorical political jabs for literal ones in a boxing ring this weekend. But with young people staying away from voting in droves, Metro decided to ask them and the NDP's youngest leadership contender if they have any ideas about how to hold the public's attention and attract more youth to politics.

METRO OTTAWA

Young politicos duke it out for youth engagement



Conservative Sen. Patrick Brazeau flexes his muscles outside Parliament in Ottawa. SEAN MCKIBBON/METRO

Young Tory senator fights in ring, on Twitter.

There should be more young people in the Senate: Patrick Brazeau

Patrick Brazeau doesn't look like your archetypal senator — especially in his Twitter profile pic, showing off his generous, tattooed muscles.

Brazeau, 37, hails from Kitigan Zibi First Nation in Quebec, served in the Canadian Forces and was chief of the Congress of Aboriginal Peoples before he was the youngest Canadian ever named to the Senate in 2008.

Sober second thought doesn't necessarily improve with age, he said.

"Many people who've had long careers and are appointed to the Senate, obviously they have many things to

contribute, but equally important is to have young voices in the Senate," he said.

He'll be fighting for the Conservatives when he boxes Justin Trudeau at an Ottawa Regional Cancer Foundation fundraiser on Saturday — something his older colleagues in the Senate aren't as able to do.

He often takes ideological fights with "leftists" to Twitter, engaging in flame wars with citizens, politicians and journalists.

"I'm certainly not a rebel, but I'm certainly not afraid of answering back in a factual manner as much as I can," he said.

Brazeau said he also uses social media to encourage young people — especially aboriginal youth — to get involved in politics.

"It's doubly hard to engage aboriginal youth," he said. "Aboriginal youth

Credibility

"I would hope that any youth would listen to any politician who would have a good and positive message, but I think that the fact that I am a little bit younger than most of my colleagues, it lends a little bit of credibility."

Patrick Brazeau
On engaging youth

feel as though they are selling out to mainstream Canada and they may feel assimilated.

"I think it's the exact opposite effect. The more people who become engaged, it can only mean a better life for them."

JESSICA SMITH/METRO

Young Liberal MP fights to be more than a younger version of his dad.

Developing own expertise, own sense of identity is important whatever field you go into: Justin Trudeau

Justin Trudeau certainly isn't the youngest MP kicking around the House of Commons these days. But no matter what his age, he will always be perceived as younger version of his dad.

Except that's the comparison Trudeau is trying to distance himself from, looking to make his own mark in his third year as Liberal MP for Papineau.

"I bring my own aspects to politics on my own merits and I think that's very, very important for any young person going into any field — that they be able to develop their own expertise, their own sense of identity," said Trudeau, 40.

So what makes him stand out from his slightly older peers on Parliament Hill?

For one, he said voting isn't "cool" and doesn't want to make it appear cool either.

"You don't make voting cool, that's where everyone has failed," he said. "What you have to do is make voting important to young people. Make them understand that their voices matter."

Trudeau — who has more than 120,000 Twitter followers — said he can

Mobilization

"If youth voted to 80 per cent turnout the way seniors vote to 80 per cent turnout, we'd never have another conversation about tuition fees in Parliament ever."

Justin Trudeau
On the youth vote

do that by engaging youth through social media.

A Twitter campaign is just the start, though. He said he wants to mobilize youth in the streets to get them more interested in politics.

JOE LOFARO/METRO



Justin Trudeau outside Parliament in Ottawa. SEAN MCKIBBON/METRO

Young NDP MP made a bid for party leadership.

Being at the forefront encourages others to get involved: Niki Ashton

Niki Ashton isn't part of any literal boxing matches, but she stepped up as a contender in her party's biggest title bout — the race to replace Jack Layton.

Ashton sometimes — but not always — got more attention for her youth than her ideas in her NDP leadership bid.

"Some people looked at my age and thought it was a plus, and some people looked beyond my age," said the 29-year-old MP for Churchill, adding she's happy

to be a standard-bearer for young Canadians.

"We've been told that we're the generation that may live less well-off than our parents, and I find that statement unacceptable," Ashton said. "I mean, we've got tremendous wealth, tremendous opportunity in our country and there's no reason we should be less well-off."

Ashton acknowledged young people are less likely to vote, but they're easier to reach through social media and issue-based campaigns. Seeing more people their age in politics, she said, also helps.

"More young people get involved when they see young people at the forefront and speaking out on the issues that matter," she said. "Our party, I'm proud to

Visibility

"Jack Layton inspired many people, many young people particularly, to come out and be part of the process, and that's something that I very much want to continue."

Niki Ashton
On engaging youth

say, is one where if you turn on the TV and watch Parliament, we actually look like Canada. The same cannot be said for other parties that have very little representation from young people or women or the diversity of Canada." STEVE COLLINS/FOR METRO

Be sure to go to metronews.ca for coverage of the Trudeau-Brazeau boxing match happening at the Hampton Inn in Ottawa at 8:30 p.m. Metro columnist Steve Collins will also be live tweeting the fight @metrottawa.



Niki Ashton. CONTRIBUTED

Meet Canada's youngest MPs



SEAN MCKIBBON/METR

Everything old was once young too — including Parliament's Rat Pack

Old politicians were young once, too, and it's perhaps no surprise that many older prominent politicians in office (and some out of office) were once also hailed as the new young bucks of their day.

Following the Liberal party's defeat in the 1984 election to Brian Mulroney, a group of young and then relatively unknown Liberals gained prominence and was dubbed the Rat Pack. The group included Don Boudria, Sheila Cotts, Brian Tobin and John Nunziata.



The Liberal party's Rat Pack, from left, Brian Tobin, Don Boudria, Sheila Copps and John Nunziata joke with then-Opposition leader John Turner, centre, after giving him a Rat Pack T-shirt in his Parliament Hill office in 1985.

RON POLING/THE CANADIAN PRESS

In the late 1990s a group of Reform-party politicians, Jason Kenney, Rahim Jaffer and Rob Anders, followed in the Rat Pack's footsteps and were dubbed the Snack Pack because of their youth and penchant for eating junk food while talking policy. **METRO**

**FOR MORE POLITICAL COVERAGE,
VISIT METRONEWS.CA**

Questions

Take our MP quiz

How well do you know your MPs?

- With 17 MPs under the age of 30 and an average age of 47.12, the NDP is collectively the youngest party in the House of Commons. Which is the oldest?
- Pierre-Luc Dusseault (NDP-Sherbrooke) is not only the youngest MP in parliament, but the youngest ever elected in Canada. Who represented
- Who is the oldest MP in the House of Commons?
- The average age of the House dropped even further in February when this 37-year-old MP brought her infant son, Skander-Jack, into the Chamber. Who was she?
- Speaker of the House Andrew Scheer is the youngest ever

his riding on the day he was born?

3. Who is the youngest MP on the Conservative benches?
4. Who's the youngest Liberal?
5. Who is the oldest MP in the House of Commons?
6. The average age of the House dropped even further in February when this 37-year-old MP brought her infant son, Skander-Jack, into the Chamber. Who was she?
7. Speaker of the House Andrew Scheer is the youngest ever
8. Who is the youngest party leader in the House of Commons?
9. Who is the youngest person ever appointed to the Senate?
10. Youngest minister in the Harper cabinet?

elected to the office. What is his official job description?

8. Who is the youngest party leader in the House of Commons?

9. Who is the youngest person ever appointed to the Senate?

10. Heretage Minister James Moore, 35.

11. William Miller was 32 when he went to the Red Chamber in 1867. He stayed until his death in 1912 at the age of 77.

12. Liberal-Conservative 9. g.

1. Unless you count the one-member Green Party (Leander Eller-Ziespehlt May is 57), the Liberals are the oldest party, with an average age of 54.56 years. The Conservative averages 51.91 years.

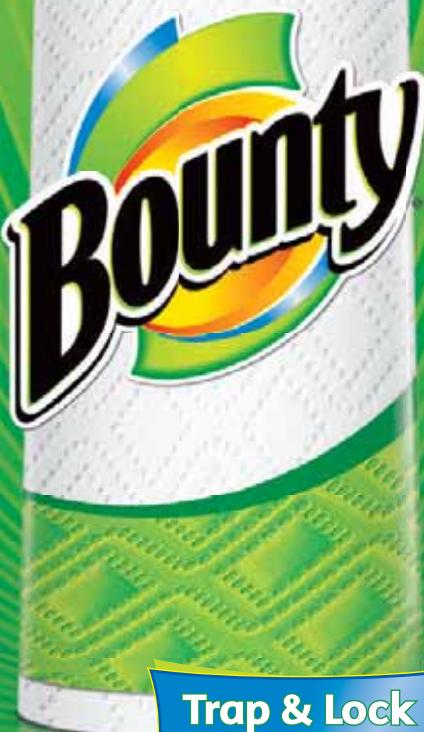
2. On May 31, 1991, Quebec Premier Jean Charest became the youngest premier in Canadian history.

3. Charlotte Rempe (Calgary Centre-North) is the MP at 31.

MP quiz answers

CLEAN THE MESS WITH LESS*

NEW & IMPROVED!



* Vs. the 11" x 8.8" bargain towel

Available at
Walmart
Save money. Live better.

U.S., Canada poised to OK Omar Khadr transfer

A "frustrated" Omar Khadr could be back in Canada by the end of May, with both Ottawa and Washington poised to approve his transfer from Guantanamo Bay, where the convicted war criminal has been held for almost a decade, The Canadian Press has learned.

A source familiar with the file said U.S. Secretary of Defence Leon Panetta was expected to sign off on the transfer within a week.

"It's on his desk, it's ready," the source said Wednesday. "The U.S. has no concerns about (Khadr)."

Khadr has been caught up in a bureaucratic "Catch-22" since becoming eligible to leave the American prison in Cuba last October under terms of a plea agreement struck a year earlier.

The Toronto-born Khadr, 25, pleaded guilty before a much-maligned U.S. military commission to five war crimes he committed as a 15-year-old in Afghanistan in July 2002.

In exchange, the Canadian citizen was given an eight-year sentence, with one year to be served in Guantanamo Bay and the remainder in Canada.

Prime Minister Stephen Harper's government has been in no hurry to approve the transfer request, which Khadr's lawyers submitted to both governments a year ago.

Instead, the source said, Ottawa has been scrutinizing the application far more closely than required, looking at issues such as his parole eligibility, which would essentially be almost immediate.

THE CANADIAN PRESS

Million-dollar baby. Oz couple charged large for birth of child in B.C.

Australia's foreign affairs minister is looking into the case of a Sydney couple stuck with a million-dollar hospital bill after their daughter was born in Vancouver last August.

John Kan and Rachel Evans had taken out travel insurance and extra coverage for Evans' pregnancy without realizing the policy would not cover the birth or the baby.

They were about to return to Australia after their B.C. vacation when Evans went into premature labour at the airport.

Piper Kan stayed in the



Canada's chief public health officer Dr. David Butler-Jones, left, speaks to B.C. provincial health officer Dr. Perry Kendall in 2009. Kendall calls for a new approach to federal drug policy. DARRYL DYCK/THE CANADIAN PRESS

Health officers slam drug policy

Criticism. Top municipal, provincial experts denounce federal strategy, call for an evidence-based approach

A number of leading figures in Canadian public health are criticizing the federal government's approach to drug policy, suggesting political ideology is trumping scientific evidence.

In a two-pronged attack, the chief medical officers of health for British Columbia, Saskatchewan and Nova Scotia published a commentary

in the journal Open Medicine that calls on the government to rethink strategies like minimum mandatory sentences for minor drug-related offences.

And the Urban Public Health Network, a group that represents the chief public health officers in Canada's 18 largest municipalities, has announced its endorsement of the Vienna Declaration, which calls on governments to draft drug policies based on evidence of what works.

"Basically what we're saying is that we don't think that the model we're using is particularly effective," said Dr. Perry Kendall, British Columbia's chief medical officer of health. THE CANADIAN PRESS

Salient points

- Call for a drug-policy approach that deals with addiction as a health problem, not a criminal justice issue.
- There is no evidence that harm-reduction policies such as needle exchanges lead to increased drug use, wrote the chief medical officers.
- They pointed to Portugal as an example of a country that decriminalized drugs a decade ago but hasn't seen an increase in harm.

Halifax. Court to decide on bail for officer accused of espionage

A Nova Scotia judge will decide Friday whether to grant bail to a navy intelligence officer accused of espionage.

Sub-Lt. Jeffrey Paul Delisle appeared in Halifax provincial court Wednesday, charged with communicating information that could harm national interests. He has been in custody at the Central Nova Scotia Correctional Facility since his arrest in January.

Judge Barbara Beach granted the defence's request for a publication ban covering evidence presented at Delisle's



Sub-Lt. Jeffrey Paul Delisle
ANDREW VAUGHAN/THE CANADIAN PRESS

bail hearing, who was charged under a section of the Security of Information Act that was passed after the 9-11 attacks.

THE CANADIAN PRESS



*"When my friends ask how I get such
a good deal I just tell them, go with WIND!"*

- James C. of Ottawa
WIND CUSTOMER SINCE OCTOBER 2010

THAT'S THE POWER OF



WE'RE MAKING SWITCHING EVEN SWEETER.

JOIN WIND BY APRIL 1ST AND GET A \$100 SERVICE CREDIT.

\$100
service credit

Bring your number over to WIND and we'll give you
a \$100 credit when you join on our \$40 unlimited
Canada-wide talk, text and data plan with WINDtab™.



..... NEW

HTC
Amaze 4G
\$149 **\$99** on WINDtab™

Samsung Galaxy
Nexus™
\$249 **\$199** on WINDtab™

Blackberry®
Curve™ 9360
\$0 on WINDtab™

Go online to check out some of our hottest handsets at a new low price.

Find more information and your nearest store at
WINDmobile.ca

Offer available from March 15, 2012–April 1, 2012 and is subject to change or cancellation without notice. To be eligible for this promotional credit, you must port-in your number to WIND at the same time you activate your account and sign up on WIND's \$40 plan with WINDtab. \$100 service credit will be applied as \$10 per month for 10 months. This offer cannot be combined with any other offer. Data services subject to WIND's Fair Usage Policy and Internet Traffic Management Policy. Conditions apply. All services subject to our standard terms of service. Applicable taxes extra. Learn more at [WINDmobile.ca](#). WIND, WIND MOBILE and WINDtab are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2012 WIND Mobile. Samsung and Galaxy are trademarks of Samsung Electronics Canada, Inc. and/or its related entities and are used with permission. Screen images simulated. Google, Nexus and Android are trademarks of Google Inc. BlackBerry®, Curve™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. All other trademarks are the property of their respective owners.

White House

Assad must leave office: U.S.

The White House says Syria's acceptance of a United Nations-backed plan to end violence in the country does not change the U.S. view that Syrian President Bashar Assad must leave power.

White House spokesman Josh Earnest says the U.S. has heard promises from Assad before. He says the U.S. will view the Assad regime on its actions, not its words.

Assad said Monday that he was accepting the six-point plan first introduced by UN envoy Kofi Annan. The plan calls for a ceasefire and the beginning of a political dialogue that can lead to a democracy.

THE ASSOCIATED PRESS



UN envoy Kofi Annan.

LINTAO ZHANG/THE ASSOCIATED PRESS

Bloodshed

U.S. senators call for condemnation

A half-dozen senators are pushing a resolution condemning the Syrian regime of President Bashar Assad for mass atrocities and human-rights abuses against the nation's people.

In introducing the measure, the Republican senators and Independent Joe Lieberman criticized President Barack Obama for what they called a failure of leadership. The United Nations estimates that more than 9,000 Syrians have died in the continuing violence.

Senator John McCain, Obama's 2008 Republican presidential rival, asked how many more have to die before the United States takes a leadership role to end the slaughter.

The nonbinding resolution urges the president to work with Arab countries to provide Syrian rebels with the means to defend themselves, including weapons.

It stops short of calling for airstrikes against Syria, as McCain has urged.

THE ASSOCIATED PRESS

Syrian forces take latest rebel-held town

Saraqeb. Forty killed by government forces since Sunday, activists say

Syrian activists said Wednesday a government offensive in northern Syria during which troops overran a major opposition stronghold has left behind scenes of destruction, with corpses in the streets, homes burned to the ground and shops that have been pilaged and looted.

The reports of 40 people dead in Saraqeb since Sunday come as Arab leaders meeting in Baghdad remain deeply divided over how to help solve Syria's yearlong crisis.

President Bashar Assad said he has accepted a six-point UN plan to resolve the conflict, including a ceasefire, but the opposition is deeply skeptical that he will carry it out.

The fall of Saraqeb, a large town on the main highway

linking the northern city of Aleppo with the Syrian capital, was the latest in a string of opposition strongholds to fall to ruthless assaults by the better-equipped Syrian military.

Most of those strongholds and areas around them have since seen renewed flare-ups in violence, reflecting the resilience of the uprising and the military's inability to firmly put down the revolt.

Activists on Wednesday also reported clashes between

Syrian army units and rebels in the country's centre, east and south.

At least four civilians, four soldiers and five army defectors were killed in the central town of Qalaat al-Madiq and nearby villages, activists said, as troops advanced and closed in on rebels. The town, in Hama province, has been battered by heavy machine-guns and artillery for days. Activists said the town's historic castle was not spared the shelling.

"People are fleeing their

Aid

Urgent appeal

The Local Coordination Committees network issued an appeal for international humanitarian organizations to urgently visit the town and said there were many unidentified corpses and wounded people there.

"Regime forces have forcibly displaced a large number of activists' families, and burned and shelled approximately 300 homes. They also pillaged and set fire to most shops," the LCC said in a statement.

The British-based Syrian Observatory for Human Rights confirmed the

homes, many of them unsure which direction to take," said an activist in the area who identified himself as Ammar.

The military seized Saraqeb overnight after a four-day offensive that began Sunday. Rebel fighters had an active presence in the northern town and used it as a base to target army convoys nearby. In Saraqeb, as in other towns and cities recaptured recently by the army, Syrian troops left behind a trail of death and destruction. **THE ASSOCIATED PRESS**

reports and said most of the town's residents had fled along with the rebels. It said more than 40 people had been killed during the fighting over recent days.

The reports by the groups and by other activists could not be independently confirmed.

THE ASSOCIATED PRESS



FLIGHT CENTRE® *Unbeatable*

Airlines

Punta Cana

\$1

+ taxes & fees \$390

Puerto Plata

\$1

+ taxes & fees \$390

Orlando

\$29*

+ taxes & fees \$295

Turks & Caicos

\$49

+ taxes & fees \$239

Cancun

\$75

+ taxes & fees \$352

Costa Rica

\$99

+ taxes & fees \$248

London

\$124

+ taxes & fees \$575

New York

\$238

+ taxes & fees \$132

Miami

\$269

+ taxes & fees \$147

Rome

\$269*

+ taxes & fees \$490

Sydney

\$499

+ taxes & fees \$824

All-inclusive Vacations

Puerto Plata

7 Nights 4.5-Star
\$296*

Be Live Grand Marlin

+ taxes & fees \$403
Departs May 31/vat-ts.

Santa Lucia

7 Nights 4-Star
Brisas Santa Lucia

+ taxes & fees \$300
Departs May 14/swg/wg.

Puerto Vallarta

7 Nights 4-Star
Holiday Inn Puerto Vallarta

+ taxes & fees \$362
Departs May 31/vat/c6.

Cancun

7 Nights 4-Star
Villa Del Palmer

+ taxes & fees \$362
Departs Apr 1/vat-ts.

Cruise & Stay

Orlando

Air + 2 Nights + 4-Night Cruise
Carnival Sensation, Champions World Resort

+ taxes & fees \$370
INCLUDES airfare from Montreal to Orlando, total of 2 nights accom near entertainment and shopping and 4-night cruise sailing roundtrip Port Canaveral visiting Nassau and Freeport. **BONUS** complimentary shuttle to Walt Disney World Theme Parks, SeaWorld and Universal Studios included.
Departs Apr 28/ggv/rclts.

USA

Las Vegas Air + 3 Nights

\$389

+ taxes & fees \$141
Excalibur
INCLUDES accom on the Strip.
Departs May 28/wsv/ws. **UPGRADE** to 4.5-star
The Mirage for \$10 per night.

Orlando Family Special**Air + 7 Nights**

Champions World Resort

+ taxes & fees \$323
INCLUDES airfare from Montreal and accom near theme parks. Price per person based on family of 4. Departs Apr 12/vat/c6. **ADD** Walt Disney World Resort 4-Day Magic Your Way Ticket with Park Hopper Option for \$316/adult, \$296/child (ages 3-9). **BOOK** this package based on double occupancy for \$157.

Miami Air + 3 Nights

Marco Polo Beach Resort Ramada Plaza

+ taxes & fees \$178
INCLUDES Miami Beach accom. Departs May 2/ggv/dl.
UPGRADE to 4-star Sea View Hotel for \$35 per night.

ADD Everglades and Biscayne boat for \$95.

New York City**Air + 3 Nights 4-Star**

70 Park Avenue Hotel

+ taxes & fees \$77
INCLUDES Manhattan accom ideally located within walking distance of sights and attractions.
Departs Jun 28/wsv/ws. **ADD** Empire State Building pass for \$21.

Europe

London Air + 6 Nights

\$515

+ taxes & fees \$575
Ambassadors Hotel
INCLUDES central accom near Knightsbridge, Chelsea and Hyde park. Departs May 8/vat-ts.
ADD 1-Day London Sightseeing Pass for \$77.

Paris Air + 7 Nights

\$388*

+ taxes & fees \$541
Adagio Access Paris Porte de Charenton
INCLUDES airfare from Montreal and central studio accom with kitchenette. **BONUS** airport transfers in Paris and cruise on the Seine. Departs Apr 10/vat-ts.
ADD Tour de France of Wine for \$84.

Barcelona Air + First 2 Nights

\$444

+ taxes & fees \$484
Holiday Inn Express Barcelona City
INCLUDES first 2 nights central accom, near La Ramblas. Departs Apr 13/ggv-ts.

Venice 7-Day River Boat

USD \$697*

+ taxes & fees included
INCLUDES self-drive boat charter on the Venetian Lagoon in Italy with bedding, bathrooms, kitchen and sundecks. Price based on family of 4. Damage waiver is included in price.
Travel May 11/feb.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!

I 866 827 2214

TEXT

Join our Insider Club for hot deals. Text YOW to 131 600



flightcentre.ca



Visit us in store.

Conditions apply. Ex: Ottawa. *Ex: Montreal Air only prices are per person for return travel unless otherwise stated. Package, cruises, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. Price is per person for quad occupancy (2 adults & 2 children ages 2-17). Price is per person in USD based on a family booking of 4 passengers. Fuel costs not included. #clacw=aircanada, ts=t=transat, wsv/ws=wesjet, dl=delta, ggg=gogo, say=sunquest, ws/wsw=wesjet, dl=delta, k=klm, acv=aircanadavacations, ac=aircanada, noltours, ts=transat, cd=carnivalcruiselines, ua=unitedairlines, aa=americanairlines, leb=leboat. †We will beat any written quoted airfare by \$1 and give you a \$20 voucher for future travel. "FlyFree" offer applies only where all "Lowest Airfare Guarantees" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lawlowairfare/guarantee-flyfree. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #A671384



In this citizen-journalism image, black smoke rises from buildings in Homs, Syria. Three Syrian soldiers died in clashes with rebels on Wednesday just a day after President Bashar Assad said he has accepted a UN plan to resolve the country's crisis. THE ASSOCIATED PRESS/LOCAL COORDINATION COMMITTEES IN SYRIA

THE ASSOCIATED PRESS IS UNABLE TO INDEPENDENTLY VERIFY AUTHENTICITY, CONTENT, LOCATION OR DATE OF THIS HANDOUT PHOTO

Diplomacy. Arab League looking to resolve conflict

The 22-member Arab League was discussing a new resolution on the Syria conflict at a summit in Baghdad.

The body's foreign ministers were expected to ask their heads of state to urge the Syrian regime to halt its crackdown on civilians, allow humanitarian groups into the country and free detainees. The ministers were meeting in the Iraqi capital on Wednesday, and heads of state will gather on Thursday.

A Syrian Foreign Ministry spokesman, Jihad Makdissi, said Damascus would "not deal with any initiative" that might come out of the 22-member Arab League.

The league suspended Syria's membership last year as a part of a package of sanctions aimed at pressuring it to stop the crackdown.

Arab countries are divided over how aggressively to intervene in Syria's turmoil. Gulf nations, particularly Saudi Arabia and Qatar, are believed to want to start



Iraqi Foreign Affairs Minister
Hoshyar Zebari

HADI MIZBAN / THE ASSOCIATED PRESS

providing weapons to Syria's rebels and even carve out a "safe area" inside the country that the opposition can use as a staging ground.

Iraq, the host of this week's summit, is more cautious. Baghdad's Shiite-dominated government is close to Iran, Assad's closest ally, and is wary of hurting those ties.

THE ASSOCIATED PRESS

CBC Television • CBC News Network • CBC Radio • CBCNews.ca

CBC News has the Federal Budget covered.

Tune in for **LIVE** coverage with **Peter Mansbridge** on **CBC Television & CBC News Network** and **Alison Smith** on **CBC Radio One**.

For insights throughout the day, **CBC News Network** will start coverage at 6 am, with **Evan Solomon** hosting a special **Power & Politics** at 2 pm.

Go to **CBCNews.ca** for special features and **LIVE** streaming.

TODAY at 4 pm



@cbcopolitics

THE 2012
FEDERAL
BUDGET



Evan
Solomon

Alison
Smith

Peter
Mansbridge



CBCnews

FRENCH, ENGLISH as a SECOND LANGUAGE

PART TIME

12 weeks (36 hours in class and 36 hours online)

FRENCH AS A SECOND LANGUAGE (10 LEVELS)

NEW! Level 9+ Advanced conversation workshop

April 10 to June 30, 2012

Evenings: 6 pm to 9 pm (10 Levels)

Saturdays: 9am to noon (6 Levels)

ENGLISH AS A SECOND LANGUAGE (6 LEVELS)

April 10 to June 30, 2012

Evenings: 6 pm to 9 pm

FULL TIME

4 weeks (60 hours in class and 60 hours online)

FRENCH AS A SECOND LANGUAGE (4 Levels)

April 23 to May 18, 2012

Level 1 and 3 - 9 am to noon;

Level 2 and 4 - 12:30 pm to 3:30 pm;

Level 5 and 6 - please check our website

May 28 to June 22, 2012

Level 1 and 3 - 12:30 pm to 3:30 pm;

Level 2 and 4 - 9 am to noon

Level 5 and 6 - please check our website

FEES: \$30.00

(Immigrants, new Canadians, Refugees whose language is neither English nor French)

Éducation Permanente
181 Donald St., Ottawa
Tel. 613-741-2304 ext. 3
Fax 613-741-2191



**CONSEIL DES
ÉCOLES CATHOLIQUES
DU CENTRE-EST**
Le meilleur conseil qu'on puisse vous donner



www.educationpermanente.ca

metro

16

metronews.ca
Thursday, March 29, 2012

Expect severe weather from Miami to Mumbai: Scientists

Global warming is leading to such severe storms, droughts and heat waves that countries should prepare for an unprecedented onslaught of deadly and costly weather disasters, an international panel of climate scientists says in a report issued Wednesday.

The greatest danger from extreme weather is in highly populated, poor regions of the world, the report warns, but no corner of the globe — from Mumbai to Miami — is immune. The document by a Nobel Prize-winning panel of climate scientists forecasts stronger tropical cyclones and more frequent heat waves, deluges and droughts.

The 594-page report blames the scale of recent and future disasters on a combination of man-made climate change, population shifts and poverty.

In the past, the Intergovernmental Panel on Climate Change, founded in 1988 by the UN, has focused on the slow inexorable rise of temperatures and oceans as part of global warming. This report is the first to look at the less common but far more noticeable extreme weather changes, which has been costing on average about \$80 billion US a year in damage.



Neighbors look over the wreckage of a mobile home that was struck by a tornado March 23 near Opydke in Jefferson County, Ill.

ALAN ROGERS/THE SOUTHERN ILLINOISAN/THE ASSOCIATED PRESS

"We mostly experience weather and climate through the extreme," said Stanford University climate scientist Chris Field. "That's where we have the losses. That's where we have the insurance payments. That's where things have the potential to fall apart."

The scientists say that some places, particularly parts of Mumbai in India, could become uninhabitable from floods, storms and rising seas. In 2005, over 24 hours nearly 900 millimetres of rain fell on the city, killing more than 1,000 people and causing massive damage. Roughly 2.7-million people live in areas at risk of flooding.

Other cities at lesser risk

include Miami, Shanghai, Bangkok, China's Guangzhou, Vietnam's Ho Chi Minh City, Myanmar's Yangon (formerly Rangoon) and India's Kolkata (formerly Calcutta). The people of small island nations, such as the Maldives, may also need to abandon their homes because of rising seas and fierce storms.

"The decision about whether or not to move is achingly difficult and I think it's one that the world community will have to face with increasing frequency in the future," Field said Wednesday. The report is unique because it emphasizes managing risks and how taking precautions can work, Field said.

THE ASSOCIATED PRESS

Last Chance

Hurry in,
these great
offers end
March 31!



\$150 Credit*
when you transfer
your number.



\$25
Unlimited
Data, Talk
and Text



mobilicity.ca

*\$150 credit is provided to customer in equal installments of \$15 per month for 10 months, when customer transfers his/her number on a new activation to Mobilicity's \$55 Plan and only while customer is on preauthorized credit payment. Alternatively, \$100 or \$25 credit is provided to customer in equal installments of \$10 or \$5 per month for 10 or 5 months respectively, when customer transfers his/her number on a new activation to Mobilicity's \$45/\$40 or \$25/\$35 Plans respectively and only while customer is on preauthorized credit payment. Credits may not be redeemed for cash and contain no cash value. Taxes are extra. Limited time offer. All features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones. Premium and special numbers are excluded. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. Additional terms and conditions apply. Subject to change without notice. © 2012 Mobilicity. "Mobilicity", "Now that's smart", the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

Mobilicity
Stores

Lincoln Fields Mall
1595 Merivale Rd, Unit 6
168 Rideau St
Bayshore Shopping Centre
173 Montreal Rd
888 Meadowlands Dr E, Unit 8
Hazeldean Mall
2446 Bank St, Unit 103

Authorized
Dealers

Cellular X Zone:
Billings Bridge Shopping Centre
Rocknet Telecom:
1020 St. Laurent Blvd, Unit 12
Bullo Wireless: 1414 Walkley Rd
IGO Cyber House Inc: 223 Bank St
FTA Tronix: 1807 Carling Ave

Mobilicity
In-Store
Kiosk @
Metro Stores

2515 Bank St
2261 Walkley Rd

mobilicity™
Now that's smart.

Fukushima nuclear reactor still measures fatal levels of radiation

Plant examinations.

Condition of other two reactors, which could be in far worse condition, unknown

One of Japan's crippled nuclear reactors still has fatally high radiation levels and hardly any water to cool its fuel, according to an internal examination that reinforces doubts about the plant's stability.

A tool equipped with a tiny video camera, a thermometer, a dosimeter and a water gauge was used to assess damage inside the No. 2 reactor's containment chamber Tuesday for the second time since the tsunami swept into the Fukushima Dai-ichi plant a year ago.

The data collected showed the damage from the disaster is so severe, the plant operator will have to develop special equipment and technology to tolerate the harsh environment and decommission the plant, a process expected to last dec-



In this photo taken on Tuesday by Tokyo Electric Power Co., workers conduct radiation-dose measurement in the Unit 2 reactor's primary containment vessel inside the reactor building at the tsunami-crippled Fukushima Dai-ichi nuclear power plant in Okuma town, Fukushima Prefecture, northeastern Japan. The Unit 2 still had fatally high radiation levels and much less water to cool it than officials had estimated, according to the internal examination.

TOKYO ELECTRIC POWER CO./THE ASSOCIATED PRESS

ades. The other two reactors that had meltdowns could be in even worse shape. The No. 2 reactor is the only one plant workers have been able to closely examine so far.

Tuesday's examination with

an industrial endoscope detected radiation levels up to 10 times the fatal dose inside the chamber. Plant officials previously said more than half of the melted fuel has breached the core and dropped to the floor

of the primary containment vessel.

Particles from melted fuel have probably sent radiation levels up to a dangerously high 70 sieverts per hour inside the container, said Junichi Mat-

sumoto, spokesman for Tokyo Electric Power Co. The figure far exceeds the highest level previously detected, 10 sieverts per hour, which was detected last year.

THE ASSOCIATED PRESS

Water woes

- Water level. The containment vessel had cooling water up to only 60 centimetres from the bottom, far below the 10 metres estimated when the government declared the plant stable in December.

- Water surface. A probe done in January failed to find the water surface. Finding the water level was important to help locate damaged areas where radioactive water is escaping.

- Water temperature. The actual water level was way off the estimate. But the results don't affect the plant's "cold shutdown status" because the water temperature was about 50 C, indicating the melted fuel is cooled.

IT'S OK TO SAY GO AWAY!

Is someone knocking at your door asking about your water heater? Your time is precious and so is the worry-free service you receive today from Direct Energy's 700 highly-trained, licensed technicians. Don't risk losing out on Direct Energy's high quality of service and safety standards. Here's what you need to know:

Know who's at your door

Direct Energy does not go door-to-door to upgrade or exchange water heaters. We do not authorize any Utility, Government Agency or any other company to do so on our behalf. **When in doubt call us first!**

Don't let just anyone in

Only a licensed technician should access your Direct Energy water heater and only by appointment. **When in doubt call us first!**

Don't sign without the facts

Siging a contract could jeopardize your current competitive rates and worry-free service. **When in doubt call us first!**

We're here to stay

Despite what you may have heard, Direct Energy Home Services is still in business across Canada, bringing you the best in energy-efficient water heaters, reliable service and great rental rates. And after 55 years, we're here to stay.

Direct Energy
Home Services

Before you decide, visit HotWaterStraightTalk.com or call 1-866-502-0034

Crash leaves two in critical condition

Accident. Brinks tractor-trailer collides with rock face in northern Ontario, spilling millions of loonies and toonies

Millions of dollars in coins and a shipment of candy were scattered across an Ontario highway Wednesday following the crash of a Brinks tractor-trailer that seriously injured two people.

Both of the men who were in the Brinks truck were taken to hospital with life-threatening injuries, police said.

The crash happened around 4 a.m. on Highway 11, north of Kirkland Lake in northeastern Ontario, when the truck crossed the centre line and collided with a rock face, said Ontario Provincial Police Const. Marc Depatie.

The crash also caused a number of chain-reaction collisions, but the injuries were minor, he



Police investigate the scene after a crash in northern Ontario on Wednesday. Millions of dollars in coins and a shipment of candy were scattered across the highway following the crash of a Brinks tractor-trailer that seriously injured two people. CONTRIBUTED/ONTARIO PROVINCIAL POLICE/ THE CANADIAN PRESS

said. One of the trucks involved in the resulting crashes was carrying candy, he said.

That candy, along with \$3 to \$5 million worth of loonies and toonies were strewn

on the road and in the surrounding bush. The highway was closed by police, who essentially stood guard until the money could be removed.

"A private contractor will

be using magnets and other mechanisms to recover the dispersed load," but clearing up the wreckage remains the top priority, Depatie said.

THE CANADIAN PRESS

Labour disputes. Canada Post worker accuses Raitt of using bullying tactics

The recent tensions between Air Canada workers and Lisa Raitt reminded Jim Gallant of the time he gave the federal labour minister a piece of his mind in public.

The veteran Canada Post worker said he got a pair of RCMP officers knocking on his office door — a response he equated to the sudden suspensions that triggered last week's early morning wildcat strike at Canada's largest airline. Three Air Canada workers were suspended recently for heckling Raitt at Toronto's Pearson airport. Those suspensions triggered a wildcat strike by fellow workers angered by the Conservative government bringing

in back-to-work legislation and sending their contract dispute with the airline to arbitration.

Gallant, a regional grievance officer with the Canadian Union of Postal Workers with 23 years at Canada Post, was in Toronto attending a hockey game at the Air Canada Centre last October when he said he accused Raitt to her face of lying to the Senate and the House of Commons when explaining why postal employees had to be ordered back to work.

Officials routinely report unusual incidents that take place on off-hours, said security consultant Chris Mathers, a former RCMP officer himself.

THE CANADIAN PRESS



Minister of Labour Lisa Raitt on March 12. SEAN KILPATRICK/THE CANADIAN PRESS

Speedflirt

He winks, she winks back
She flirts, He flirts back



Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.

Create a profile, browse profiles and find your match!



Galaxy resembles 'emerald-cut' diamond

Spotted. Shiny new galaxy dubbed Lucy in the Sky with Diamonds

It is the 74,886th galaxy in the Lyon Extragalactic Database (LEDA) of 1.5-million galaxies, but some people are calling the new rectangular cosmic jewel Lucy in the Sky with Diamonds.

"We did unofficially refer to it as the 'emerald-cut' gal-

axy" because of its striking resemblance to an emerald-cut diamond, Australian astronomer Dr. Alister Graham told the Toronto Star. That triggered the even more unofficial name from the old Beatles song.

And it fits, said Graham. When he and his colleagues first spotted LEDA 074886 some 70 million light years away, their reaction was "Wow, will you look at that."

Emerald

Its importance isn't just in its shape, Graham said.

- "In recent years there has been an increased awareness of blue elliptical-shaped galaxies," he said. "Perhaps up to four per cent of galaxies fall into this category."

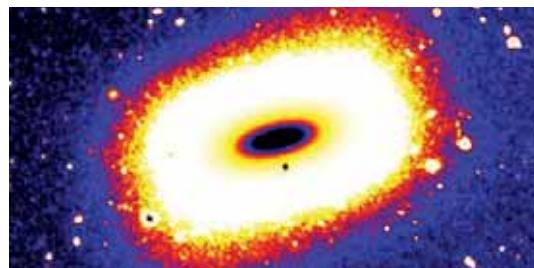
The astronomers discov-

ered the galaxy last year but are just reporting it now in the Astrophysics Journal.

The dazzling dwarf galaxy with its spinning deep blue core, blinding white "emerald-cut" surface and sparkling red rim is an astronomic anomaly.

"Symmetrical rectangular galaxies are very unusual. We were very surprised to find it," said Graham.

TORSTAR NEWS SERVICE



The astronomers discovered the galaxy last year but are just reporting it now in the Astrophysics Journal. SWINBURNE UNIVERSITY OF TECHNOLOGY



Do you take milk with your dog?

Beyoncé, a Dachshund puppy vying for the title of World's Smallest Dog, is fed in a coffee cup during an interview on Wednesday in New York. Animal rescuers in Northern California say Beyoncé was so small at birth that she could fit into a spoon. BEBETO MATTHEWS/THE ASSOCIATED PRESS

B.C.

Grab a java to get you going? Think again, study says

Research conducted by University of British Columbia psychologists is shedding new light on how amphetamines and caffeine affect the motivation of workers and slackers.

A study published in the journal *Neuropharmacology*, has found that amphetamines, specifically speed, cause workers to slack off and slackers to work harder.

Caffeine, on the other hand, causes workers to slack off but doesn't seem to have any effect on slackers.

The findings have implications for people like

long-distance truck drivers who use stimulants to remain vigilant for hours on end, said Jay Hosking, a PhD candidate and one of four people who worked on the project.

"What's working for some people may not be working for others," said Hosking.

The research took place at the university over nine months, starting in 2009, and involved 40 male rats.

Hosking said members of the team wanted to learn how people make decisions and why some people make different decisions than others.

"Every day at work and anywhere we're confronted with this thing where we can either work towards something or be satisfied with the status quo," he said.

THE CANADIAN PRESS

Laundry upgrade? Make mine a double!



With Downy Unstopables you get Fresh, Feisty scents that last. With Ultra Downy you get silky softness. So up your laundry with Downy!

ULTRA
Downy

See Amy upgrade more things at youtube.com/downy

Manufacturing. Toyota to invest \$80 million in Woodstock, Ont. plant

Toyota's Canadian manufacturing arm announced Wednesday it will invest \$80 million to increase production at its Woodstock, Ont. assembly plant, a move it says will create some 400 new jobs.

Toyota Canada said it will ramp up production of its RAV4 crossover vehicles to 200,000 vehicles at the plant by early 2013, an increase from the current annual capacity of 150,000 vehicles.

The Woodstock facility currently employs about 2,000 workers.

Toyota has faced production problems due to last

year's earthquake and tsunami in Japan and massive flooding in Thailand that cut parts supplies and slowed down their global output, even in Canada.

But sales have begun to spring back recently, with Toyota Canada reporting sales rose 31 per cent year-over-year in February with 12,384 Toyota, Lexus and Scion vehicles sold.

The company has already announced plans the first Toyota electric vehicle to be built in North America, the RAV4 EV, would be made in Woodstock beginning this year. **THE CANADIAN PRESS**

Market Moment



DOLLAR
100.21¢ US
(-0.3¢)

TSX
12,413.86 (-98.18)

OIL
\$105.41 US (-\$1.92)

GOLD
\$1,657.90 US (-\$27.00)

Natural gas: \$2.191 US (-1.7¢)
Dow Jones: 13,126.21 (-71.52)

Bureaucracy to bear brunt of cuts: Flaherty



Finance Minister Jim Flaherty tries on a pair of new shoes Wednesday in Ottawa ahead of his budget delivery Thursday. **FRED CHARTRAND/THE CANADIAN PRESS**

Federal budget.

Conservative sources say spending cutbacks likely to total \$7 billion in annual savings by the 2014-15 fiscal year

Sources and officials agree Flaherty's seventh budget — and first with a parliamentary majority to back it — will be his longest and most far-reaching, laying the foundations for a business-friendly Canada with smaller government and curtailed social entitlements.

The finance minister said much of the burden of cuts will fall primarily on the

Budget crunch

MPs trim own spending by \$30M

The House of Commons has announced its own belt-tightening plan on the eve of a federal budget that's expected to cut billions in government spending.

public service — which will shed tens of thousands of jobs — insisting services to Canadians will be mostly left untouched.

The budget will also seek to curtail long-term spending by slowing the growth of entitlements such as elderly benefits under Old Age Security, building on December's decision to limit future health-care transfers to the growth in the economy.

Reports suggest Flaherty also intends to give notice to the public-service unions they must pay more for their indexed pension plans.

And the CBC will likely see its wings clipped, by anywhere from five to 10 per cent of the annual \$1-billion funding. **THE CANADIAN PRESS**

An all-party committee that oversees MP budgets and the operation of their offices, says spending will decrease \$30.3 million over the next three years.

The cuts include a small reduction in MP office budgets and cutting the budgets of opposition party leaders. **THE CANADIAN PRESS**

Nike sues Reebok in NYC over Tebow apparel



Tim Tebow, who led the Denver Broncos to the playoffs last year, was acquired by the New York Jets in a trade on March 21. **MARK LENNIHAN/THE ASSOCIATED PRESS**

Nike went to court Wednesday to prove that Reebok is no shoo-in to promote New York Jets quarterback Tim Tebow on apparel.

Nike Inc. claimed in a lawsuit in U.S. District Court that Reebok International Ltd. has used Tebow's name on Jets-related apparel without permission since it was announced last week that Tebow was traded from the Denver Broncos to New York.

The Tebow trade occurred just before Nike replaces Reebok on Sunday

as the supplier of NFL team uniforms.

The lawsuit, which seeks unspecified damages, claims that Reebok misappropriated publicity rights, interfered with business relationships and unjustly enriched itself because it failed to get Tebow's permission before launching the new products.

Reebok did not immediately respond to a request seeking comment.

The lawsuit said Reebok did not respond to demands to cease Tebow apparel sales

after a Tebow representative sent a letter to the company on Friday.

Reebok is a subsidiary of Adidas AG.

According to the lawsuit, new Nike-supplied uniforms for all 32 NFL teams will be unveiled next week in New York City, kicking off a five-year deal for Nike to be the league's exclusive provider of on-field apparel, including game uniforms and sideline apparel. Reebok had been the supplier for the last decade.

THE ASSOCIATED PRESS

Team Tebow

- The lawsuit said demands for Tebow-related Jets apparel was intense last week during a normally subdued time for NFL merchandise sales.
- It claims Reebok's usage of the Tebow brand has damaged Nike's ability to capitalize on a "unique and short-lived opportunity."

STRESSED ABOUT DEBT?



More people talk to BDO for debt solutions than anyone else in Canada. Learn about all your options. It won't cost you anything to call. You'll feel a whole lot better when you do.

BDO helps you take control of debt.

Credit & Debt Counsellors | Proposal Administrators | Trustee in Bankruptcy

613 235 5225
bdodebthelp.ca

BDO Canada Limited is an affiliate of BDO Canada LLP. BDO Canada LLP, a Canadian limited liability partnership, is a member of BDO International Limited, a UK company limited by guarantee, and forms part of the international BDO network of independent member firms. BDO is the brand name for the BDO network and for each of the BDO Member Firms.

BDO



All Features FREE!

FREE
FREE
FREE

Voice-mail
Caller ID
Call Waiting

AND MUCH MORE!

Join the hundreds of thousands of Canadians
who have proudly switched to Comwave

Why Choose Comwave

- Keep your existing Phone Number
- Enjoy Crystal Clear Quality
- Save with the lowest Long Distance rates guaranteed

Unlimited Local

- ✓ Unlimited local calling
- ✓ 14 free features



\$14⁹⁵
/month

Unlimited Canada

- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited Canada calling



\$19⁹⁵
/month

Unlimited Global

- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited North America calling
- ✓ Unlimited calling to almost 60 countries



\$29⁹⁵
/month

Limited Time Offer

6 Months FREE

Your Satisfaction is Guaranteed or You Pay Nothing!

613-216-6096

www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any errors in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. All Unlimited Plans do not include calls to the Yukon, Nunavut, NWT, Alaska and Hawaii. The 6 Month Free Promotion is based on a 27M term and includes a 90-Day Satisfaction Guaranteed period. The Global Plan includes a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligations. If you transfer your existing phone number from your current provider to Comwave within the first 90 days, you will receive an additional 3 months free for a total of 6 months free. Terms and conditions apply, see www.comwave.ca for details.

Homeowners sweating over rates: Study

BMO survey. 57 per cent of respondents believe they could still afford their homes if interest rates were to spike by two per cent

Four in 10 Canadians would be unsure about whether they could afford their homes if their mortgage rate went up by as

little as two percentage points, according to a new study from the Bank of Montreal.

The survey, compiled for BMO by Leger Marketing, found 43 per cent believe a increase from three per cent to five per cent would either hamper their ability to pay or leave them on unsure footing.

The survey was conducted Feb. 21 to 23, two weeks before BMO sparked a round of special rate reductions among Canadian banks.

The survey's results were announced a day before the five-year special rate ended on Wednesday.

BMO's special dropped the five-year rate by half a percentage point to 2.99 per cent from 3.49 per cent and other banks followed. Since then, Royal, TD and National banks have announced their five-year posted rates will go up on Thursday to 5.44 per cent — an increase of nearly 2.5 percentage points from the sale price.

"At first when you look at this, you think, 'Oh, my goodness, that's pretty scary,'" said Laura Parsons, a mortgage expert at BMO. "But if we get clients in to take a good hard look at how they're spending their money, I think they'd find that extra two per cent in their budget — it would just mean they'd have to cut back on certain things."

One in five Canadians surveyed said a two-percentage-point rise would hurt their

ability to make mortgage payments, while 23 per cent said they were unsure whether a rise would affect them.

The study, which surveyed some 1,500 Canadians in February, has a 2.5 per cent margin of error 19 times out of 20.

The survey findings come as some of Canada's biggest banks begin raising variable mortgage rates, even though the Bank of Canada's overnight interest rate remains unchanged.

THE CANADIAN PRESS

Household debt

- Both Finance Minister Jim Flaherty and Bank of Canada Governor Mark Carney have recently flagged the danger to the economy of Canadians becoming increasingly indebted, mostly through taking advantage of low rates to buy homes or take out home-equity loans.

Weather may sap syrup producers' profits

Some of Canada's maple-syrup producers say they're expecting a financial hit as recent warm weather cut the season short this year, but the price that consumers pay for the sweet stuff should remain stable.

"We don't want consumers to think it's absolutely not out there anymore, but there's less," said Ray Bonenber, president of the Ontario Maple Syrup Producers Association.

It shouldn't affect the price, Bonenber said, adding there was a small increase in the price of maple syrup last year and the price is set every couple of years.

"A lot of the product is already sold and you charge the price that you would normally

expect to charge," Bonenber said from his farm near Pembroke, Ont.

"Most producers are not about capitalizing on a shortage and shoving a lot of that on the consumer."

Ontario's maple syrup producers are producing anywhere from 20 per cent to 50 per cent or so of what they normally make, he said. Ontario produced about two million litres of maple syrup last year.

Along with Ontario, the provinces of Quebec, New Brunswick and Nova Scotia are Canada's major producers and they all had an early start, and in some cases, an early end to the season due to the recent unseasonable temperatures.



Emile Picard samples some fresh maple syrup at the Au Pieds de Cochon sugar shack in St-Benoit-de-Mirabel, Que. RYAN REMIORMZ/THE CANADIAN PRESS



©2012 P&G

Canada's

Mobile Notary

Certified True Copies

E-Document Certification

Notarization & Commissioners of Oaths

Affidavits

Visa & Passport Processing

RedSeal Notary.com

National Notary Public

Notarization & Legalization

Over 100 Locations Across Canada

Red Seal NOTARY

Scan and Save



Company

Fingerprinting

Background Checks

Land Title Searches

Authentication & Legalization (Apostille)

Consent to Travel

1-888 922-7325

REACH DEEPER INTO YOUR POCKETS, MR. FLAHERTY



HF
SAYS...

John Mazerolle
metronews.ca/hesays

I'm concerned about the federal budget, which is fortunate because the more concerned I am about something the easier it is to reach my word count.

As I write this, journalists are using all their skills (begging and whining) to get "government sources" to tell them budget details before today's official announcement. But I know how it will go:

1) Finance Minister Jim Flaherty will explain that the budget is a fiscally conservative plan (except for the prisons and jets part) and that it will create jobs (except for the jobs-cuts part), and that it shows that Canadians have a bright future (except that we're one step away from DOOM and only the Conservatives can protect us).

2) The opposition leaders will, using talking points they wrote three weeks ago, explain that Flaherty has the same moral standing as, say, Satan, and that the budget document is the worst thing they've read since Twilight.

3) The opposition will vote for it anyway.

I don't know about you, but this era of deep cuts is starting to get me down.

There's the world economic collapse, where countries like Greece decide they can't have nice things anymore and burn them.

There's provincial woes, where places like Ontario have budget speeches that read like eulogies.

And in Toronto, where I live, the only thing approaching economic good news is when sports fans win free pizza because the Raptors score 100 points. (Rumour has it the Leafs have a similar promotion, but it's been lost to the mists of time).

It's getting to the point where we should really give up on the tradition of finance ministers buying new shoes on budget day. Instead, he or she should pose for newspapers with a nice, shiny axe.

I'm trying to take a pragmatic, level-headed approach to the cuts, which is why I offer the following advice to Mr. Flaherty. Forgive me if this is trite, but I think the government should — this is important, write it down — wear a lot of jackets.

I'll explain. I, like Canada itself, am in debt up to my earmuffs. But I just made some money back, as I do every spring, because I pulled out a spring jacket and discovered a crisp \$5 bill. Pretty sweet.

Clearly, all MPs should carry the federal coffers in their jacket pockets. Then wait till next spring and reap the surprise windfall.

This works so well for me that I'm thinking about getting more jackets to increase my return. I'm pretty sure Ben Bernanke does this as well.

Frankly, Mr. Flaherty, I see this as our only hope. If you don't agree, I'll be deeply concerned. At least until I hit my word count.

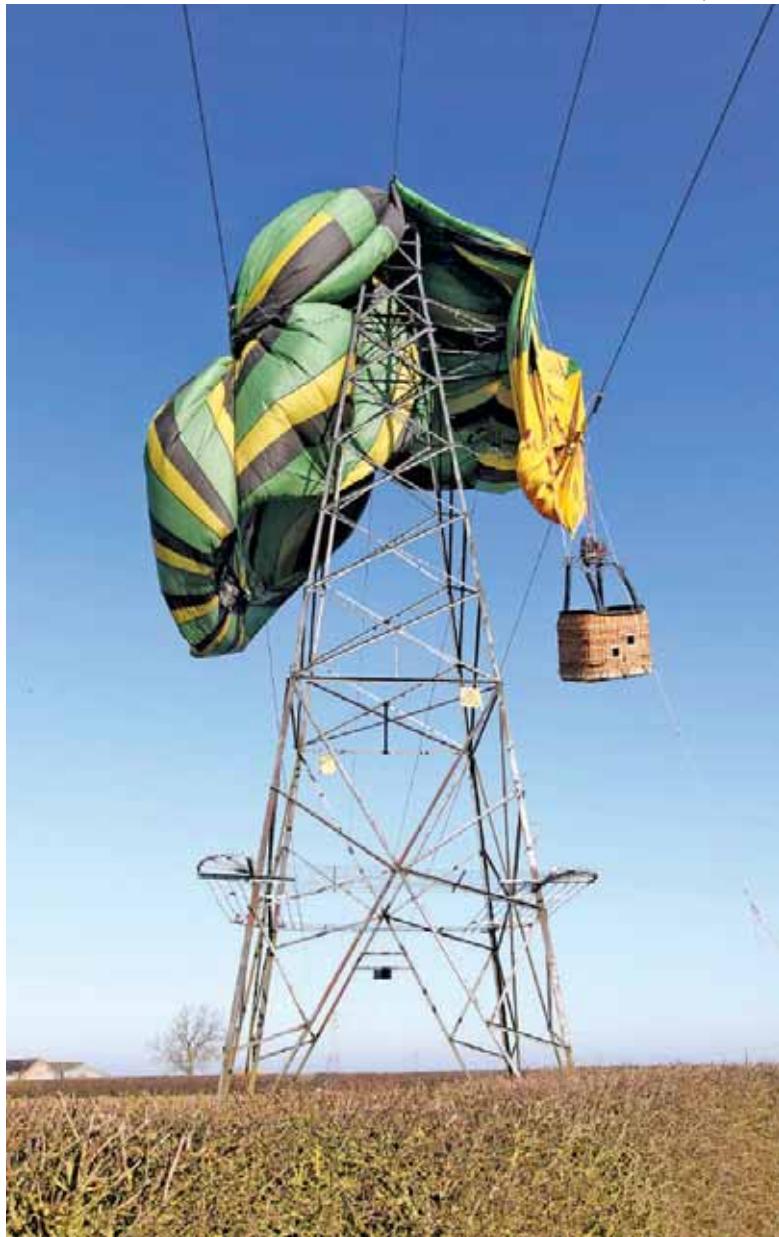
Now.



RENE JOHNSTON/TORSTAR NEWS SERVICE FILE

What goes up ...

GEOFFREY ROBINSON/REX FEATURES



Off course

Teen pilot flies balloon into pylons

NORTHAMPTONSHIRE, U.K. Three people were saved by rescue crews after a hot-air balloon dramatically crashed into 132,000-volt power cables. Freakish winds sent teen pilot Adam Griffiths and his two companions toward overhead lines near the village of Bozeat, some 100 kilometres northwest of London. **MWN**

Hanging on a wire

"There was a bang and a little bit of a fire in the basket, but it put itself out as I went to grab the extinguisher. We slid down the power line and came to a standstill."

PILOT ADAM GRIFFITHS
WHO SUFFERED MINOR BURNS

Hot-air boom

- In numbers.** The trio were dangling from the overhead lines 13 metres above the ground for five hours, while emergency teams worked to switch off power lines.

- How they passed the time.** The stranded balloonists played I Spy as they waited to be rescued. "But after we had G for "grass" and P for "pylon" we didn't have many more ideas," Griffiths said.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Do you do any April Fool's Day pranks at your work?

Response	Percentage
YES. WE'RE A FUN GROUP	42%
ONLY IF THEY'RE DONE TASTEFULLY	16%
NO. THEY ALWAYS BACKFIRE	42%



@makeupbybree:

day off! driving to ottawa to become a canadian citizen tomorrow. stoked....not stoked that it's freezing there :)

@storymon:

"It was the best of times, it was the worst of times" — Charles Dickens writing for the Hockey News about Ottawa and Toronto #Leafs

@FoE1911:

I could start a twitter account

based on updating people about which Ottawa community housing elevators have recently been peered in

@GrittyGorg:

I continue to be a huge proponent of #LRT in #Ottawa, but the new station plan is terrible for my uses. It might be time to look into a car.

@OHConor:

Carleton has a see-saw... Er, take that, U. Ottawa!

Westend Automotive.com

613.836.6786

5872 HAZELDEAN RD. OTTAWA



**2008
MINI COOPER
S**

\$22,995

\$229.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: v32985



**2008
DODGE
RAM 1500**

\$18,995

\$189.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 107196

**NO PAYMENTS
TILL SEPT. 2012!**

NO MONEY DOWN!

**4.99% Financing O.A.C.
Payments to fit everyone's budget**

CALL FOR PRE-APPROVAL



**2011
DODGE
CALIBRE**

\$16,888

\$168.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 228505



**2011
FORD
FUSION**

\$15,995

\$159.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 130369



**2008
MAZDA
CX-7**

\$14,888

\$148.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 181365



**2009 FORD
RANGER
SPORT**

\$12,888

\$128.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: a02716



**2007
CHRYSLER
PACIFICA**

\$12,888

\$128.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 325106



**2008
MAZDA 3
SPORT**

\$11,888

\$118.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 794316



**2007
DODGE
MAGNUM**

\$10,995

\$109.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 800320



**2010
HYUNDAI
ACCENT GLS**

\$10,888

\$108.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 893959



**2008
GMC CANYON
4X4**

\$9,995

\$99.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 181602



**2007
NISSAN
SENTRA**

\$9,995

\$99.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 619382



**2008
PONTIAC G6
GT**

\$9,995

\$99.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 148931



**2007
CHRYSLER
SEBRING TOURING**

\$9,995

\$99.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 656352



**2009
CHEVROLET
COBALT LS**

\$9,888

\$98.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 218954



**2007
FORD FOCUS
SE 4WD**

\$9,888

\$98.88 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 175892



**2006
KIA
SPORTAGE LX**

\$7,995

\$79.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 210188



**2004
DODGE
DAKOTA**

\$7,995

\$79.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 747336



**2007
CHEVROLET
AVEO LT**

\$6,995

\$69.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 166366



**2006
PONTIAC G5
SE**

\$5,995

\$59.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 803004



**2003
TOYOTA
CAMRY LE
4WD**

\$4,995

\$49.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 204240



**2003
BUICK
RENDEZVOUS**

\$3,495

\$34.95 BI-WEEKLY
Bi-weekly payments based upon 4.99% over 72 months
STK: 586978

200 MORE VEHICLES AT

WESTENDAUTOMOTIVE.COM

Applicant must qualify for 6 months. No payments based on accepted credit from lender. monthly interest applies starting at 4.99% variable. Interest rates range from 4.99% to 29.9% OAC. Financing example: \$9,995 at 60 months at 4.99% cost of borrowing is \$1,649.95 equals \$99 bi-weekly for total obligation of \$12,988.30 OAC. Down payment may be required. All prices subject to applicable tax.

This Lake Effect has been brewing for 25 years

Old made new. Indie band revisits material that had long been forgotten, and updates the sound for today



BACKSTAGE PASS
Jen Traplin
jtraplin@metronews.ca

The story of Ottawa indie rock band The Lake Effect is 25 years in the making.

In the late '80s, founders Phil Hogarth and Dave Bignell were members of legendary post-punk bands Bugs Harvey Oswald and The Red Squares.

But, when those bands dissolved, the two Ottawa musicians got together and formed a new project.

Things seemed to be going well for The Lake Effect then; they had recorded some new material and were in talks with a label rep at Attic Records who was grooming them for a record deal.

But, when that rep died in a tragic accident, the project ultimately collapsed.

Now, 25 years later, Hogarth and Bignell are revising and reworking material that had long been forgotten.

"At the time, we didn't see how relevant those songs were. We wrote them and ended up walking away from them," explains Hogarth.

Of course, music has changed a lot since the late '80s but Bignell and Hogarth say The Lake Effect's new renditions reflect today's musical landscape.

"The songs are very acoustic now whereas, back then, they were very electric," Bignell explains.



The Lake Effect has a just-released EP with material that's more than two decades old. CONTRIBUTED

"They're done up in a very different way than back when we wrote them in the late 80s. We wrote them with the musical sensibilities that were around us at the time but now they've taken on a quieter, more purposeful sound," says Hogarth.

And though this reincarnation of The Lake Effect is brand new, there is already some buzz building around the band, thanks to their debut EP, *Expect Delays*.

Twenty-five years later,

Bignell and Hogarth are excited about the future prospects for The Lake Effect but admit that they have no expectations.

"Really, we're just doing it for ourselves. It's not as if we're trying to climb some ladder. It's quite liberating in that sense," says Bignell.

Hogarth agrees.

"When you don't have to climb that ladder, it's a little bit like you're already out of the playoffs so you're just playing."

See it

- JUNOFest presents The Fiftymen, Orienteers, Catl and The Lake Effect on Saturday at 7 p.m. at the Elmdale Tavern (1084 Wellington St.). Tickets are \$15 at the door.

- What else is going on? Maple Sugar Fest on Saturday and Sunday from 10 a.m. to 4 p.m. at Richelieu

Park (300 Des Peres Blans Ave.). Admission is free. Enjoy a pancake breakfast, walk the paths of a heritage maple forest, check out a lumberjack competition and more this weekend at Maple Sugar Fest. For more info, visit maplesugarfest.ca.

SCENE

Scene in brief

Bee Gees star in hospital after surgery

Bee Gees star Robin Gibb has undergone further surgery following a sustained illness, a publicist said Wednesday. Gibb is recovering in the hospital after intestinal surgery over the weekend and has been forced to cancel a number of commitments, publicist Doug Wright said. Gibb is slated to attend the Royal Philharmonic's premiere performance of *The Titanic Requiem* in London on April 10, and will perform a new song, *Don't Cry Alone*. Gibb, 62, was hospitalized late last year for stomach and colon problems, but told the BBC last month he was making a good recovery. He did not disclose the nature of his illness, but said a growth on his colon had been removed.

THE ASSOCIATED PRESS

On the web



Canadian DJ Deadmau5, Madonna declare a truce on Twitter

"Many authors know how to make the hairs on the back of your neck stand up. Jo Nesbo's one of the few who keeps them there."

— Linwood Barclay

"Once you read Nesbo you're hooked."

— *The Chronicle Herald*

"Nesbo writes rings around Larsson."

— *Toronto Star*

"Maddeningly addictive."

— *Vanity Fair*

Discuss #JoNesbo on Twitter | Available wherever books and e-books are sold



From fetching java to just plain fetching

Alyssa Reid.

Singer talks about juggling a regular teen life with the life of a Juno performer

Between getting bruised on the rugby field, pouring java at Tim Hortons, finishing high school and touring Canada, Ontario-based singer-songwriter Alyssa Reid realized something had to give.

"I was kind of trying to have the teenage girl life and the teenage pop star life and they kind of don't mix very well, especially when you're joining sports teams and then going on tour two weeks later covered in bruises," the 19-year-old said.

"I went on a tour called the SodaPOP tour and I could not wear a dress the entire tour because I was covered head to toe in bruises. It was not a good scene and I do not play rugby anymore."

Nor does she work at Tim Hortons anymore, a job she held down for a year and a half while she toured with the likes of pop/dance artist Danny Fernandes and R&B/hip-hopper JRDN.

"I did everything there," said Reid, who lives in Brampton, Ont., and will tour the U.K. next month. "I worked the cash register, I was a trainer, I baked."

The high-school graduate can now focus on her soaring music career, which has seen her get a 2012 Juno nomination for new artist of the year. Other nominees include JRDN, Dan Mangan, Diamond Rings, and Lindi Ortega.

Reid will also perform her hit pop/hip-hop single, Alone Again, at the Ottawa bash on Sunday in what she calls a "live mash-up" between five pop acts.

The tune, a new interpretation of the 1987 Heart hit Alone, features P. Reign and is on Reid's upcoming album The Game, due out on June 21.

"I did not think when we released Alone Again that it was going to have the reaction it did," said Reid, who got a 2011 MuchMusic Video Award nomination for best pop video for the tune.

"So to get to be travelling the world and going to the Junos and performing at the Junos is a pretty overwhelming thing."

THE CANADIAN PRESS

Quoted

"I was kind of trying to have the teenage girl life and the teenage pop star life and they kind of don't mix very well." Singer-songwriter Alyssa Reid

Alyssa Reid

Performs at the Juno Awards this Sunday.

Celebrity style. June Ambrose loves giving stars their sparkle

Stylist June Ambrose helped remake the image of Luther Vandross and Mariah Carey as they were preparing major comebacks, but there's one icon she didn't get to remake — Whitney Houston.

Working with Houston wasn't a pipe dream for Ambrose. With the singer readying a return to the spotlight with the upcom-

ing movie, Sparkle, and new music, it was a real possibility. But she died Feb. 11 on the eve of the Grammys at 48 of an accidental drowning, with heart disease and cocaine use as contributing factors.

"There were talks about it," Ambrose said. "I really wanted to do Whitney Houston's comeback. ... I just felt like Whitney and I ... would have been great together."

On her new VH1 show, Styled by June, the Antigua native helps struggling celebrities look their best, including actress and one-time fashionista Mischa Barton, female rappers Trina and Da Brat, and reality TV star and singer Aubrey O'Day. The show airs on Mondays (9:30 p.m. EDT).

Who else would you like to style?

I like broken starlets. I love to fix things. ... I would love to get like a Courtney Love. Lindsay Lohan I'd be brilliant with.

What's it like getting celebrities to trust you when taking them out of their comfort zone?

Celebrities naturally are quite defensive by nature. They have to protect themselves, they're constantly being photographed and judged, and social media controls so much of how they feel about themselves. You know, they're reading the blogs, the tabloids, and it starts to kind of eat away at their spirit and their confidence. ... I have to strip them down and build them back up, and the reason why I have to strip them down is I need them to see themselves, not the person they want to be, but the person that they are. Face that person, accept that person and then we deal with the alter ego.

THE ASSOCIATED PRESS



Alyssa Reid will perform her hit single Alone Again at the Juno awards this weekend. HANDOUT/JEREMY CHAN



June Ambrose says she loves fixing things. CARLO ALLEGRI/THE ASSOCIATED PRESS

Not a ‘sweetie-darling-honey-baby book’

Reading. Frank Langella dishes about ex-lovers, villains and the famous in his memoir

The phone at Frank Langella's home rings and rings, unanswered. The very private three-time Tony Award winner apparently is not willing to answer questions about his debut book.

Oh, wait: It turns out he has inadvertently given out the number for his fax machine.

“We'll talk to Dr. Freud about that sometime,” he jokes when the right number is called and he gets on the line.

It turns out that Langella, fresh off the Broadway revival of Terence Rattigan's *Man and Boy*, would very much like to talk about his literary debut, the memoir *Dropped Names: Famous Men and Women as I Knew Them*, which went on sale this week.

The book is a collection of 66 impressionistic sketches of movie stars, social celebrities, Broadway icons, politicians and writers, including John F. Kennedy, George C. Scott, Tip O'Neill, Bette Davis, Jill Clayburgh and Charlton Heston. All but one are dead.

There are stories of dating Elizabeth Taylor, streaking in front of Sir Laurence Olivier, playing Scrabble with Paul Mellon and being wooed by both Noel Coward and Roddy McDowall (neither attempt

Quote

“I was religious about making certain that I often showed the worst of my nature.”

Frank Langella

succeeded, he writes). He and Marilyn Monroe shared just one word, but it changed his life.

Langella plumbs his long career, which has put him in arm's reach of many famous people. He's gone from a sexy Dracula, Cyrano and Sherlock Holmes to a mature Richard Nixon in *Frost/Nixon* onstage and on-screen, Sir Thomas More in *A Man for All Seasons* and Perry White in *Superman Returns*.

Not all the celebrities come off well, including Richard Burton (“Could anyone, I wondered, be so unaware of what a crashing bore he had become?”), Anthony Quinn (“a big bully”) and Paul Newman (“emotionally vacant”).

Langella also doesn't spare himself. He acknowledges being a terrible boor around Deborah Kerr and Dinah Shore, did something “unforgivable” to Jackie Kennedy and is wistful about being a lover to a faded Rita Hayworth, saying she was “the single most tragic example of how far from the real person an image can be.” He calls *Cutthroat Island* one of his worst films, “the single most egregious example of excess I have ever witnessed in the movie world.”

“I really felt very strongly

that I wasn't going to write a sweetie-darling-honey-baby book,” he says. “Most celebrities' biographies I read I can't get through — they're either immensely self-raising or absolutely whitewashing.”

Langella says he sought out permission from relatives and intimate friends of his subjects before publishing.

“I've chosen to write my

memories — as I recall them — as honestly as I could,” he says. “None of it was meant to be coy or a tease.”

One of the most touching chapters — and one of Langella's favourites — is about Cameron Mitchell, a one-time leading man who by the mid-1970s had turned into a “fat, jowly mess, covering his sad decline with an over-the-top wisecracking de-

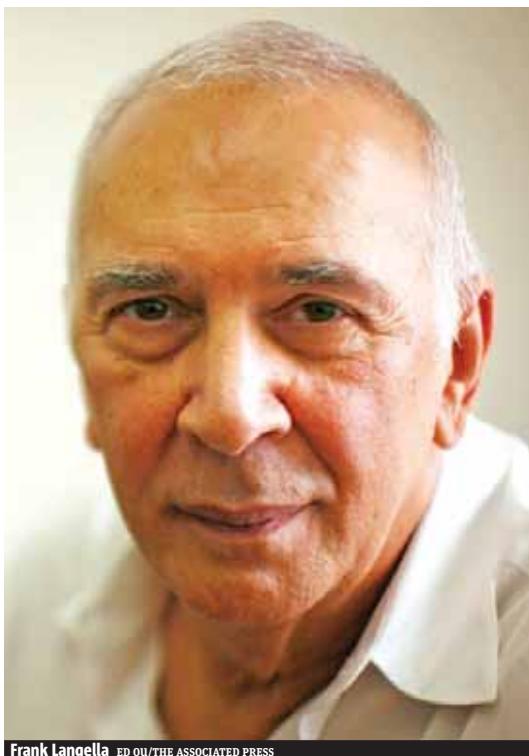
meanour.”

In one story, Langella writes that fellow actors teased Mitchell by spinning him around in a too-small jacket.

“I've never forgotten the look in his eyes. I've never forgotten the sad, broken terror when everyone around him was just laughing their heads off, thinking how funny it was,” Langella says.

“That's around the corner for everybody if we don't watch out. I suppose that chapter means a lot to me because of the ephemeralness of life and also the ephemeralness of my profession.”

Langella says there are so many people who didn't make the cut in the book that he's already considering a second volume of *Dropped Names*. **THE ASSOCIATED PRESS**



Frank Langella ED OU/THE ASSOCIATED PRESS

POP OF CLEAN

Tide NEW PODS DETERGENT + STAIN REMOVER + BRIGHTENER

POP IN. STAND OUT. tidepods.ca

When you scan this bar code, the terms, conditions and privacy policy of the bar code reader that you select will apply. Message and data rates may apply. Visit tide.ca

Keep out of reach of children.

©Copyright 2012 P&G

Showing some love to La Belle Ville

TV. Celebrity chef Anthony Bourdain loves Montreal's 'uniquely crazy' food

When celebrity chef Anthony Bourdain was compiling his list of international cities to feature on the TV show *The Layover*, Montreal was a no-brainer for inclusion.

That's because the city's cuisine is "uniquely crazy, uniquely individualistic and rugged and excessive and wonderful," according to the New York City native.

"It says Canada to me," he added during a recent telephone interview.

The premise behind the *The Layover* was simple but highly challenging: Bourdain spent between 24 and 48 hours in each of 10 cities and packed in as much hard living as the liver and the rest of his body could take.

Viewers are taken off the beaten track as Bourdain, who has also written several books and stars in *Anthony Bourdain: No Reservations*, shows them where to visit and where to stay around

The Layover

- The other cities where Bourdain lived large for the series were New York ("the greatest city in the world," he says unabashedly), Singapore, Hong Kong, Miami, London, Rome, Amsterdam, Los Angeles and San Francisco.

the globe.

The Montreal episode also includes debate on whether its bagels are better than New York's, as well as adventures involving dragon boats and surfing on the St. Lawrence River.

"We were looking to do something fast and different, and a little scary, something that challenged and pushed us," says the 55-year-old.

But was it fun?

"Most of the time," is his immediate reply.

"It was difficult. Essentially, it's eight days of serious eating and drinking compressed into two (for the purposes of) the show."

"That's tough. It was very physically demanding and

a little intimidating, a little frightening to embark on a bold new venture like that, especially when you're eating and drinking as much as I was."

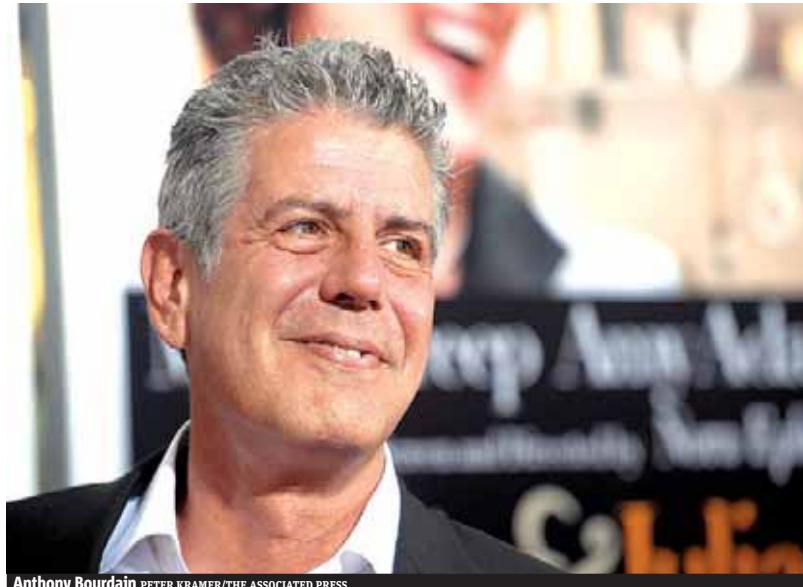
The series has aired in the United States and gets its Canadian debut on Travel + Escape on April 11. The Montreal episode is set for broadcast May 2.

Bourdain has fond memories of Montreal dating back to a book tour in 2001 when local chefs took him under their wing.

"I knew we could make a good show there and have a good time doing it. It's my favourite city in Canada."

"I love the chefs there," he says, ringing off the names of Martin Picard (Au Pied de Cochon) Normand Laprise (Toque) Frederic Morin and David McMillan (both Joe Beef) as some of the outstanding ones.

"It's the most uniquely Canadian food in Canada. In Vancouver the cuisine is a very strong mix of great Asian food from all over Asia, a lot of great home-grown stuff, but the cuisine in Montreal could exist nowhere else other than Quebec."



Anthony Bourdain PETER KRAMER/THE ASSOCIATED PRESS

ada's largest city will be getting in on the fare.

"Toronto will be on the list for sure," he says of a city he has visited several times but never featured on any of his shows.

Bourdain has plans to do another season of *The Layover* this summer and Can-

chefs from elsewhere in Canada, he always hears trash talk about Toronto.

"I feel sort of an obligation to highlight that there is indeed good food there and good people, as I know from personal experience," he says. THE CANADIAN PRESS



THIS SUNDAY, APRIL 1 • SCOTIABANK PLACE • 8 PM

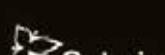


17 PERFORMERS. 2 STAGES. TICKETS FROM \$55 + TAX & S/C STILL AVAILABLE!

HOSTED BY: WILLIAM SHATNER

PERFORMANCES BY: ALYSSA REID, ANJULIE, BLUE RODEO, CITY AND COLOUR, DEADMAU5, DRAGONETTE, FEIST, HEDLEY, HEY ROSETTA!, JRDN, K'NAAN, LIGHTS, MC FLIPSIDE, MIA MARTINA, NICKELBACK, SARAH McLACHLAN & SIMPLE PLAN

PROMOTIONAL PARTNER



CAPITALTICKETS.CA®

JUNOAWARDS.CA



**Take care.
GARNIER**

ROGERS





Justin Bieber

Bieber's phone prank lands him in hot water again

Justin Bieber's latest Twitter antics are causing him some legal trouble.

Bieber posted a random phone number — minus the final digit — and wrote: "Call me right now."

Two Texas residents reportedly received more than 1,000 phone calls and are now suing the Canadian pop

star for damages due to "reckless behaviour," according to Hollscoop.

What kind of damages are we talking about? Millions? No.

They're reportedly after tickets to a Bieber concert, an apology and an endorsement of an online business run by one of the plaintiffs, among other things.

Twitter



@ParisHilton

At the airport about to take off to Sydney! Haven't been to Australia in a long time, so I'm very excited for this trip! Love it there!



@jimmyfallon

I once was talked into getting a perm. (I was in college & it was free.)



@katyperry

don't believe in the hype.



@SethMacFarlane

There's nothing more grungy-looking than a red-headed person in a '70s movie.



IT'S SHOWTIME!
SATURDAY, MARCH 31 & SUNDAY, APRIL 1
2 FREE MOVIE TICKETS!
SPEND \$75 OR MORE* AND RECEIVE 2 FREE CINEPLEX ADMIT ONES.

Visit shoppersdrugmart.ca or the store nearest you for details.

*Some conditions may apply. See cashier for details.

Offer valid Saturday, March 31 and Sunday, April 1, 2012.

UP TO
\$25
VALUE



SHOPPERS
DRUG MART



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



She's a smooth operator. ALL PHOTOS GETTY IMAGES

What is going on with Bethenny Frankel's marriage?



THE WORD

Dorothy Robinson
scone@metronews.ca

\$120 million dollars.

But is she so driven that she's letting her marriage to husband Jason Hoppy suffer?

That's what In Touch is reporting. They say that Hoppy has moved out of their New York City apartment and is staying at a nearby hotel. They report that Hoppy is claiming he ditched the \$5 million Tribeca condo he shares with Frankel and their 23-month-old daughter, Bryn, because of renovations.

But a source thinks he also left because he's fed up with Bethenny's diva behaviour.

"The fighting has gotten worse," the source tells In Touch.

Apparently, Frankel has become overly obsessed with the launch of her L.A.-based talk show.

"Her energy has been nervous and neurotic," the source says. "He can't take it anymore, so he's been doing everything on his own."

Or, this drama could just be fabricated in order for fans to train their attention back on Frankel in time for her talk show, set to launch in September.

She's witchy that way.



Lindsay Lohan

Lindsay Lohan facing another legal battle

With her probation set to end today, Lindsay Lohan is bracing as another legal battle heats up.

Thaer Kamal has reportedly handed over surveillance footage he claims shows the actress hitting him with her car and then driving away outside a Hollywood hookah lounge, according to Radar Online. And Kamal's lawyers may be interested in more than just a hit-and-run investigation, as reports recently surfaced that Kamal has a history of insurance fraud,

something he vehemently denies.

"Thaer feels that Lindsay's camp has bullied him by making up stories that he was being investigated for insurance fraud," a source says. "(His lawyers) will be investigating who made those false statements about Thaer being the focus of insurance fraud investigations and will take the appropriate legal action against those responsible for the false and defamatory comments if necessary."



Megan Fox

Megan Fox rumoured to be pregnant

After answering a slew of parenting-related questions while promoting Friends with Kids, Megan Fox is reportedly expecting her first child with husband Brian Austin Green, according to Star magazine.

"They just found out,"

a source claims. "And are incredibly excited."

The happy couple won't be sharing the news just yet, though, the source warns. "It's still early, so they are only telling close friends and family members."

3

LIFE

Fashion flash

Emerging icon

The Hunger Games star Jennifer Lawrence is not only replacing Kristen Stewart as Hollywood's most popular teen heroine, but she's out dressing her too. And that Vogue cover will be coming in three, two...

Attention needed

Katy Perry and Karl Lagerfeld's man, Baptiste Giabiconi, have been "sneaking" around for all the paparazzi to "catch." Yawn and snore.

We think Baptiste did a better acting job in those *Magnum* commercials.

METRO WORLD NEWS

On the Web



Everyday glamour — à la 'Gatsby' — returns as favourite fashion look for spring.

Trend of the week: white vs. floral brights

Fashion fight. Which trend will win in this spring style dust-up?

KENYA HUNT
Metro World News in London

Forget about the magazines for a second, and let's talk about the trends that women are actually wearing.

When it comes to updating your wardrobe for spring, there seems to be two schools of thought emerging on the street.

In the right corner: Team White. This is a look that is painfully easy to pull off (hurrah) and reliably chic.

A win-win, no? The trick is to wear it head-to-toe — like, ivory trousers and a matching blazer as a fashion forward update on the work suit or white shorts and a co-ordinating button-down as a light way to ease into spring. Just don't eat any condiments with your lunch that day.

And in the left: Team Floral Brights — a look that



Head-to-toe white in London...
MICHELLE BOBB-PARRIS



And in Paris. KARL-EDWIN GUERRE



Bright florals spotted on the street in Paris... GIA TONICS



And in Milan. GIA TONICS

was adopted by practically every fashion editor during last month's ready-to-wear shows. You can take the

whole-hog approach by mixing them in different colour ways and layering them on generously or just dip one

toe into the trend pool by limiting the print to a single pair of jeans or a skirt—the bolder the colour, the better.

Team White**H&M**

Leather vest
\$199, [HM.COM](#)



Team White

Mango
Tailored trouser
\$63, [ASOS.COM](#)

Team Floral Brights**Carin Wester**

Blouse
\$150, [PIXIEMARKET.COM](#)



Team Floral Brights

Goldsign
Jeans
\$225, [NETAPORTER.COM](#)

Team Floral Brights**Elizabeth and James**

Pajama pants
\$325, [SHOPBOP.COM](#)



ONLINE / IN CLASS FRENCH AND SPANISH LANGUAGE TRAINING FOR ONTARIO RESIDENTS ONLY

Levels: 1 to 8 (FRENCH)

***Levels: 2 and 3 (SPANISH)**

Date: April 16 to June 25, 2012

Time: 6 pm to 9 pm

Ongoing registration: 181 Donald Street, Ottawa

Duration: 10 weeks (30 hours in class plus 30 hours online)

Cost: \$30.00

*For more information please call: 613-741-2304 ext.3

www.educationpermanente.ca



Twitter



JEANNE
SPACE
Jeanne Beker
life@metronews.ca

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND, AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



@Jeanne_Beker: How many prs of shoes does one really need to take on a beach vacation? Flip flops, sneakers, wedges, stilettos... + how many of each? Arghh!

@Joanna242
Leave the sneakers behind and pack a couple of extra pairs of sexy sandals...

@Jeanne_Beker
But what if I want to hit the tennis court? Or go for a sail???

@jamillahross
Barbados is very fashionable. I'd pack more shoes, not less.

@Jeanne_Beker
Good advice!!!



@Jeanne_Beker: Overlooking The Crane beach...out for a pre-dinner cocktail with @qualityslippers + @joeyoneil

@Jeanne_Beker: Barbados: Heaven on earth! My terrace at The Crane. Savouring EVERY second. And I just got here!!!



@Jeanne_Beker: Just been offered a rum punch at 9:30 am! Where else but on a Catamaran "Cool Runnings" cruise?

@sarahleeswagger
try pásóá, it will electrify your taste buds - i promise.

@DanielRWilson
I trust you said yes. Only to be polite, really.

@fashionNE
I would kill for some of that rum punch right now, feels like a Monday morning here in the real world

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV.

JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

Most Saturdays just lead into Sundays...
but Saturday, March 31st,
could lead you in brand new directions at:



Algonquin College has a lot to offer you — great professors, programs and facilities, and flexible learning options that accommodate your lifestyle. Visit Open House and you can:

- Talk with students and professors
- Ask questions about programs and career opportunities
- Tour the student residence
- Explore graduate certificates and career pathways
- Learn about financial aid and special needs accommodations
- Check out the Early Learning Centre, sit in on a business programs presentation, visit the nursing labs, and many more amazing labs and classrooms!

For more information and to register, visit:
GoAlgonquinCollege.com/OpenHouseRegistration

Get the education you need for the career you want!

ALGONQUIN
COLLEGE

A leg up on the bolds and brights

Bottoms up. Ditch those dull blue jeans in exchange for some extra loud leg-wear

Your attention, please: One of the easiest ways to spruce up your wardrobe this spring is with a splash of colour. It doesn't have to go on your lips or over your shoulder — and not across your chest, either. This season, the place for bold colour is on the bottom.

Coloured denim and, by extension, every other kind of pants and trousers in hues as bright as the rainbow, are a key look in stores at every end of the shopping spectrum. Part of the perversiveness is that it's pretty democratic: You find the shape and silhouette that you like best and find the shade that best complements your skin tone. Swap out blue or khaki and, voila, you're on trend.

Think of it as you would a fresh coat of paint.



Colour on colour? Yes please!
AMERICAN EAGLE OUTFITTERS/
THE ASSOCIATED PRESS

"You can't deny what's going on with colour," says Daniel Guez, CEO and creative director of the upscale denim label Dylan George. "Everyone can participate in this."

Yes, bright yellow bottoms might seem a little intimidating at first, says Tana Ward, American Eagle's chief merchandising officer, but adds,

"We see coloured bottoms as easy to wear, believe it or not."

Reverse whatever outfit you would have worn before, she suggests: Instead of jeans and a bold pink or red top, put the colour on the bottom and pair it with a denim chambray shirt — maybe even a western style — or go for a little femininity with a white lace tank top peeking out the top of a crisp white or blue button-down. You're also likely to find an easy transition into crocheted or other loose-weave sweaters in natural, neutral colours, too. Ward says.

However, she adds, while there are many user-friendly ways to wear coloured pants, don't expect any of them to go unnoticed. Turning a few heads is the point, Ward says, and eventually you'll gain the confidence to put the bright top with the bright bottom. "Being bold is very modern ... and the most modern way to do this is colour on colour. Wear the unexpected — a red bottom, tangerine tank and cobalt blue cardigan." THE ASSOCIATED PRESS

Lindt
MAÎTRE CHOCOLATIER SUISSE
DEPUIS 1845
Where the Easter Bunny shops for chocolate

Visit a Lindt Outlet Boutique for a wide selection of exquisite Lindt chocolates and gifts at delectable deals.

Present this coupon at one of our Lindt Outlet Boutique locations to receive 25% off all regular price merchandise OR an additional 10% off discounted merchandise.*

Lindt Outlet Boutique Ottawa
1763 St. Laurent Boulevard
Ottawa, Ontario
613.260.5898
(just south of Industrial Ave.
In the Koyman Galleries Plaza)



For all store locations, please visit lindt.com

Offer valid on in-stock merchandise only. Cannot be combined with any other offer.
Offer valid at all store locations. Limit one coupon per customer. Offer expires April 30, 2012.
*Maximum discount value of 65%.

Total purchase: \$ _____

Make your own fabric coaster with the English paper-piercing method



The finished product — now reward yourself with a cuppa. COURTESY ANDREA SADGROVE

DIY ideas. Using a simple paper template, you can create a handmade cup rest

As a child, artisan Andrea Sadgrove made tiny quilts from felt scraps for her toys. Her love of sewing developed into Liligo — a business making children's clothes from recycled and organic cottons.

For this week's DIY, Sadgrove shows Metro readers how to do the English paper-piercing method. She enjoys the portability of

this quilting technique as it is done by hand.

Step 1: Cut out seven one-inch hexagon templates from paper (you can buy pre-made templates, or find some on the Internet). Using a ruler and pencil/chalk, cut seven fabric squares, each measuring 2.5 inches (you can make a template from cardboard, or buy these read-made from a quilting supply store or online).

Step 2: Pin a paper hexagon to the centre of each fabric square. Fold down the fabric as shown and baste around the entire hexagon, taking

care to stitch through the fabric only, not the paper.

Step 3: Repeat with the remaining six hexagons and fabric. Stitch the hexagons together using a whipstitch or ladder stitch, again taking care to just sew through the fabric layers, not the paper.

Step 4: Press well. This is your coaster top. Using the coaster top as a guide, draw around it onto a piece of felt (this will become your backing). Remove the papers from inside the hexagons; you can reuse these for more coasters. Sew the

What you'll need:

- **Sewing stuff.** Scissors, pins, needle, thread
- **Assorted fabric scraps.** Each piece should be large enough to cut out a 2.5-inch square (seven squares in total)
- **Drawing tools.** Ruler and pencil/dressmaker's chalk
- **Felt.** It should be around a six-inch square for the back of the coaster. "I recommend 100 per cent wool felt as it doesn't shrink when washed, has a good feel to it and is environmentally friendly. You can use eco-felt if you wish, as it also doesn't shrink, but it's generally not as thick and is more shiny, so more slippery," says Sadgrove.

backing to the quilt top, wrong sides together, using a coordinating thread so that stitches do not show.



STEP 1 COURTESY ANDREA SADGROVE



Step 2 COURTESY ANDREA SADGROVE



Step 3 COURTESY ANDREA SADGROVE



Step 4 COURTESY ANDREA SADGROVE



sohowest

Executive Townhomes

550/552
Berrick Drive
Kanata
613-435-5400

Monday to Tuesday
1:00 to 8:00 pm
Friday to Sunday
12:00 to 5:00 pm

30
1982 2012
Valecraft
Homes Ltd.
WWW.VALECRAFT.COM

BRADLEY ESTATES

MER BLEUE
ORLEANS

Executive Townhomes, Bungalow & Single Family Homes

217
Ziegler St.
Gloucester
613-830-6955

Monday to Tuesday
12:00 to 7:00 pm
Friday to Sunday
12:00 to 5:00 pm

Owning your home shouldn't come at the expense of saving.

Life adds up.
Your finances
should too.



CIBC WEALTH BUILDER MORTGAGE^{TM1}

EARN
THOUSANDS
IN SAVINGS

In addition to a great low rate on a 5-year mortgage, you'll also get money up front and ongoing over the term of your mortgage to help you build your savings.

Conditions apply. Ask for details.

EARN
25,000
AEROPLAN^{®2} MILES

For a limited time, combine the Wealth Builder Mortgage with a CIBC personal line of credit and a CIBC savings account, and you can earn up to 25,000 Aeroplan Miles. Offer expires June 30, 2012.

aeroplan

Speak to a CIBC advisor today. Visit any branch,
go to cibc.com/buildthousands, or call 1 800 465-CIBC (2422).

CIBC
FOR
WHAT
MATTERS.

¹Wealth Builder Mortgage is an option available only on 5-year fixed-rate and Variable Flex closed mortgages of \$75,000 or more. Mandatory CIBC deposit account for mortgage payments and deposit of cash back. Up front cash back amount is repayable if mortgage is discharged, transferred or renewed before maturity date. Other conditions apply. ²In order to get the one-time upfront bonus of 15,000 Aeroplan Miles and 500 Aeroplan Miles quarterly (15th of January, April, July and October) for the initial term of the mortgage, a client must have a secured or unsecured line of credit (new or existing) and a CIBC savings account (new or existing) with a positive average balance up to 60 days after the advance of the mortgage. For those mortgages that qualify for the offer, the planholder's account number provided by you (or assigned by Aeroplan LP) will be credited with a one-time up front bonus of 15,000 Aeroplan Miles within 6-10 weeks from date of mortgage advance. Only one Aeroplan account is eligible for Aeroplan Miles on your mortgage. Aeroplan Miles have no monetary value and can only be redeemed according to the rules established by Aeroplan LP. Aeroplan Miles cannot be transferred to another person. Offer ends June 30, 2012. [®]Aeroplan is a Registered Trademark of Aeroplan Canada Inc. "Life adds up. Your finances should too." and Design are TMs of CIBC. "CIBC For what matters." is a trademark of CIBC.

The right-size furniture really does matter

Decor ideas. A measuring tape is a mover's best friend

I am moving into a spacious walk-up apartment.

I am concerned that the narrow hallways and stairwells might impede me from getting larger furniture pieces into my space. Any ideas or design tricks?

Tina Daenz, via email.



DESIGN
CENTRE
Karl Lohnes
home@metronews.ca

As a former walk-up apartment renter myself, I know your anxiety around getting furniture up.

Here's a few things you should be cautious of when ordering furnishings, and a few moving solutions I learned.

Bed

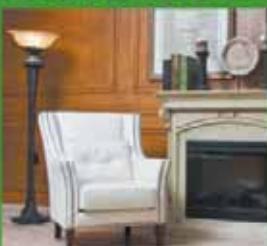
If a king-size bed is your choice then opt for the split-box spring. Each piece is the size of a single box spring, which makes it easy to move around in tight spaces. You can also choose two smaller mattresses



Forgo a long sofa and consider individual club chairs in the living room. Tess hair, \$1,380, Crate and Barrel. **CRATE AND BARREL**



PREMIUM LOCATION
DOWNTOWN LIFESTYLE
GREAT RATES



160 CHAPEL

Furnished & Unfurnished
Studio, 1 & 2 bedroom apartments

Located in the "Heart of the Capital", enjoy all the city has to offer; fine dining, theatre, night life and shopping, right at your doorstep!

FROM \$950

- 24/7 Security & Camera Monitoring
- On-Site Management Team
- Key-card Swipe Access System
- Newly renovated suites available with hardwood laminate flooring
- Fitness Room with Card Access Laundry System
- Indoor Salt Water Swimming Pool with Sauna
- Heated Underground Parking with Elevator Access
- Onsite - Hair Salon, Restaurant, Pharmacy & Medical Clinic
- Pet-Friendly Environment
- Guest Suite with Parking

160 Chapel Street | Ottawa, ON | K1N 8P5
613.789.6000

Leasing Representative: Carolyn Turnbull
cturnbull@morguard.com

Leasing Office Hours: Monday – Friday 9am – 5pm

For a full list of amenities, please visit our website
www.160chapel.com



*Certain restrictions apply. For more information please contact the office.



Ikea Stockholm glass-door cabinet in black, \$399. **IKEA**

(called twin plus), which is great for customizing your comfort level from one side to the other, and still enjoy the size of a king bed. Coordinate the split bed with one king-size headboard and bedskirt to give a finished king-size look to the bed.

Couch

If a comfy sofa is just too large to be brought up a skinny staircase, consider a grouping of lightweight, small-scaled club chairs. You'll create a lounge feel with the chairs around a cocktail table or large round ottoman and you'll be seating as many people as if you had the traditional sofa and chair set. Plus, you'll have more flexibility for rearranging the furniture during holidays and parties (see the Tess Chair, above).

Forget about a sleeper sofa altogether; not only are they heavy, they are usually much deeper in size than a regular sofa (the extra depth helps contain the mattress mechanism).

Cabinets

Armoires and china cabinets too large? Find furnishings

that disassemble or can be placed together once inside the desired room. If choosing a china cabinet, make sure it comes in the form of a credenza and hutch; each piece will be easier to move up and down stairs.

You can also purchase three or four smaller cabinets or bookshelves and line them up along a long wall for the look of one large piece of furniture (see the Stockholm Glass Cabinet, left).

Like a 'ship in a bottle'

Here's a list of easily-moved items that can offer big impact and still move easily up the stairs:

- **Area rugs.** Look for colourful, large patterned rugs to fill a room with style.
- **Draperies.** Make small windows look larger by hanging draperies on the dead wall space beside windows.
- **Artwork.** A big mirror or a piece of art helps create a focal point in a room and offers something large-scale without taking up precious floor space.
- **Paint.** If you've got a naturally dark room in your place paint it a dark colour for unexpected drama.
- **Lighting.** Whether you are renting or own your home, new lighting is a great way to make a place feel sexy at night. A single spotlight on a piece of art or a dramatically painted wall washed with light will help create a special mood in your new place.

Hard-to-kill house plants

Some people have a toxic touch when it comes to caring for house plants — meaning they forget or don't have time to water them.

London-based horticulturalist Carlos Magdalena gives us five low-maintenance species that'll survive almost complete neglect.

METRO WORLD NEWS

For the living room: Moth Orchid (*Phalaenopsis* orchid)

"This produces a beautiful cascade of flowers in different colour varieties and is best placed in shady places. They do tend to die if over-watered, so it's perfect for forgetful types."



For the bathroom: Bromeliad (*Bromeliaceae*)

"Its leaves can be watered via the shower. The flowers in the centre of the plant come in very bright reds and oranges. Although the flowers do not last long, the spike that appears in the middle is an eye-pleaser."

For the hallway: Monstera 'The Swiss cheese plant'

"This tropical-looking plant can survive in a low humidity and low light environment," Magdalena says. "It's known as the 'Swiss cheese' plant because of the holes in its leaves. It's a large plant, so it will need a relatively generous space."



For the kitchen: Madagascar jasmine (*Stephanotis floribunda*)

"Stephanotis has thick leaves and requires some water. The one thing to remember with this plant is to keep it away from radiators."

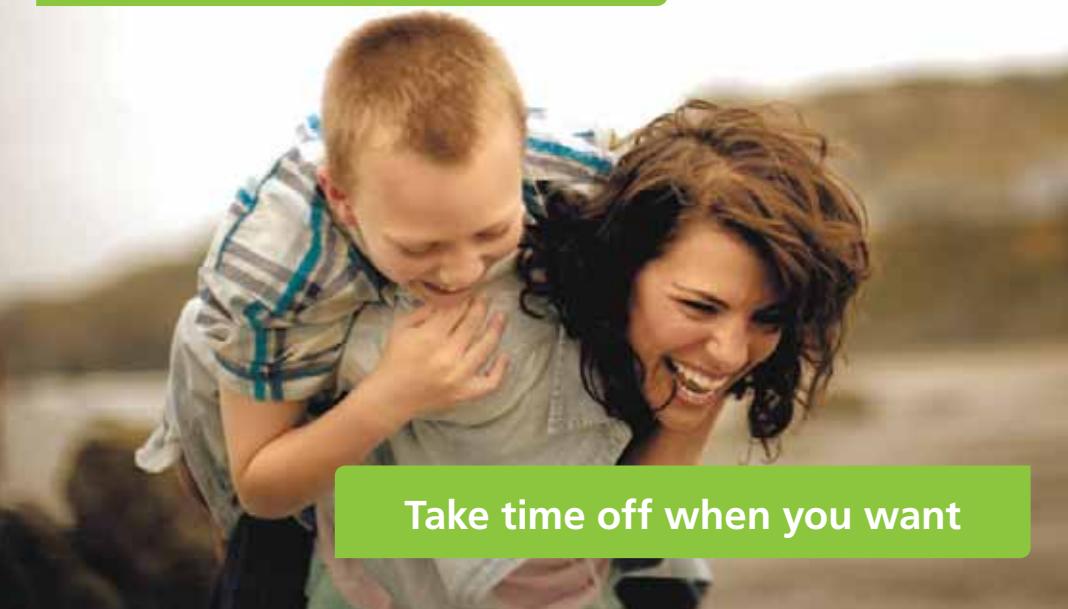
For the bedroom: South African violet (*Saintpaulia*)

"This one would be ideal for the bedroom because it is compact and could fit on a bedside table. It'll survive in low light and it likes to be neglected. You can leave it for over a week without water."



TD Canada Trust

Pay a little more towards your mortgage each month



Take time off when you want

Take a Payment Vacation

Find out how to take advantage of new flexible mortgage features today.

We know how important managing your mortgage is. We also know how important it is to live life to the fullest. That's why a TD mortgage offers a range of flexible features that helps you balance both.

Take our Payment Vacation. With it, you arrange to pre-pay a little more each month and work towards the opportunity to take time away from your mortgage payments when it benefits you the most.¹ Staying at home with a new baby, finishing that degree, taking a sabbatical or something else entirely – the choice is yours.

Get in touch with us today to discuss how our flexible mortgage features can help you get the most out of life.

www.tdcadanatrust.com/home 1-888-632-9469



Banking can be this comfortable



This Bud is for kings

Czech please. Czechvar Premium Lager is the original beer from Budweis



JEFF
O'REILLY
For Metro

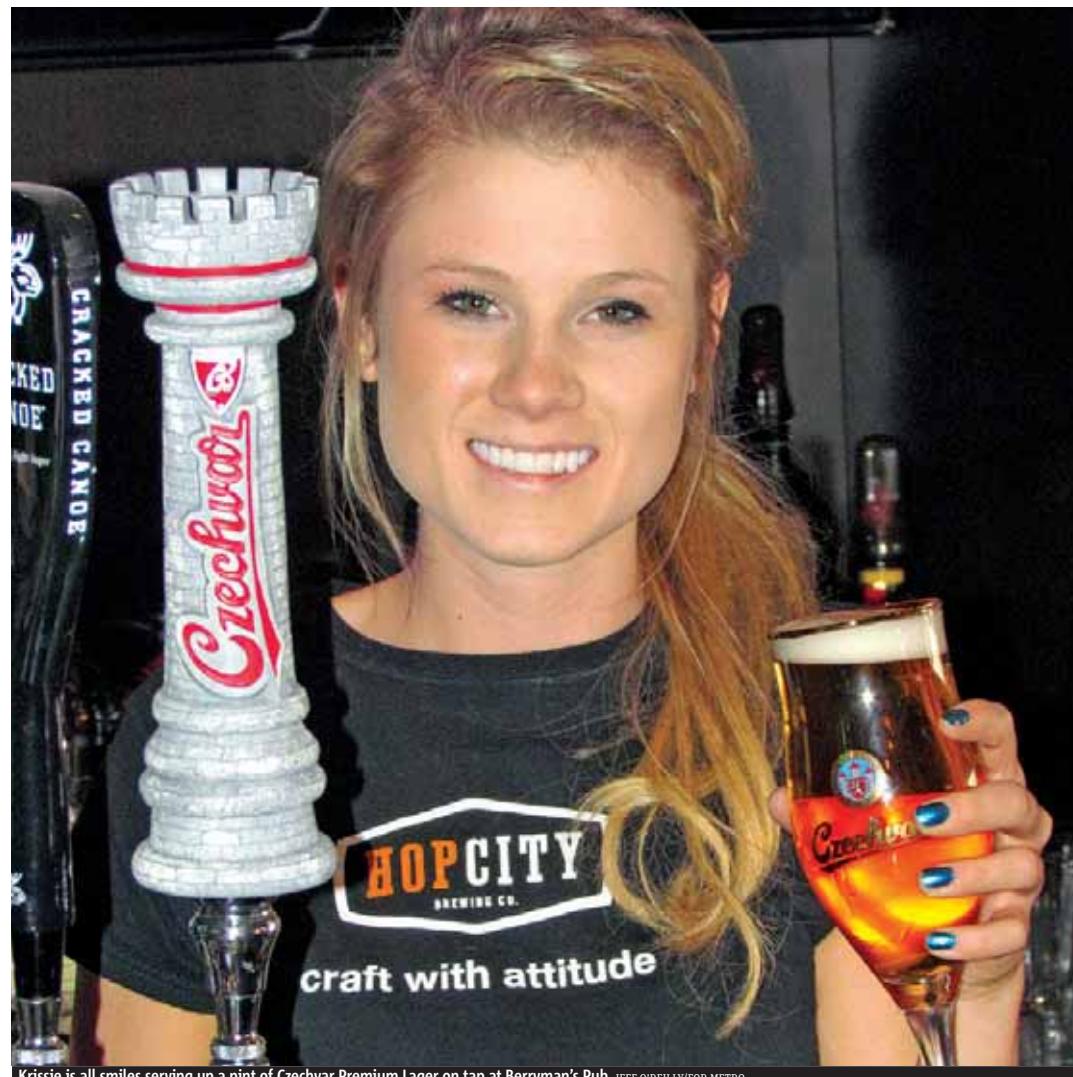
When it comes to classic styles and classic beers, the Czech Republic has much to be proud of.

Not only was its city of Plzeň (better known under its German name of Pilsen) the original home and source of lager and the popular Pilsner style, the brewing city of České went on to create some amazing beers better known under the German name of the town — Budweis.

And rather than rambling on about all the legal proceedings that would follow causing this glorious beer to be sold as Budweiser in the Czech Republic, Budvar in Europe and Czechvar in North America, I would prefer not talk about who it inspired, but rather look directly at "The Beer Of Kings" and not "The King Of Beers."

Since 1265, the Bohemian city of "Budweis" has enjoyed a rich brewing tradition and it stands to reason that anything or anyone from this area could be called a "Budweiser," and when Czech King Přemysl Otakar II granted its citizens the right to brew and sell beer, the local beer quickly gained a reputation for quality and a loyal following amongst the Imperial and Royal Courts.

In 1895, when the large brewery Budějovicky Pivovar (or Budweis Brewery) was founded, the beer would simply shrink the name (in a way that may have also later inspired the Brangelinias, Benifers and TomKats of Hollywood) and go on to be called



Krissie is all smiles serving up a pint of Czechvar Premium Lager on tap at Berryman's Pub. JEFF O'REILLY/FOR METRO

Budvar and Czechvar. A strict adherence to the Bavarian purity laws allows the quality of their ingredients to shine. Using only pale malts and Saaz hops, the brewery is blessed with a natural soft water source from a 1,000-plus-year-

old well and an innovative brewing process, it also celars, or "lagers," the beer for a full 90 days — which is an extremely long time by anyone's brewing standards.

The results are worth it, as this classic beer has stood the

test of time.

Czechvar Premium Lager (five per cent alcohol by volume, 500 ml, \$2.45 LCBO) pours a bright, clear golden colour with a tight white head. The grassy, floral and grainy notes in the aroma are

inviting, and the crisp flavours of lemon grass, cereal grains and dry bread malts in a very smooth and clean perfectly carbonated medium-bodied soft mouth feel that refreshes while finishing dry and slightly bitter. Czech please!

Easter feasts.
Some versatile wine options



SUSAN
DESJARDINS
For Metro



IF I HAD \$100 ...
TO SPEND
AT VINTAGES

Wines for "Easter Feasts" — brunch or dinner — are abound in the March 17 LCBO Vintages release. Three versatile options include: Zuccardi Chardonnay/Viognier, Tawse 'Sketches' Rosé, and Finca Sobrén Crianza. Celebrate Easter or the early spring with Tenuta S. Anna Extra Dry Prosecco!

Tenuta S. Anna 'Extra Dry'
Prosecco, Italy

(LCBO #169128, \$15.95)

Fine, frothy and fruity, with a clean refreshing finish.

Tawse 'Sketches' Rosé
2011, Niagara

(LCBO #172643, \$15.95)

Fresh floral notes, cherry/berry aromas and a juicy texture. Sip away!

Zuccardi 'Series A'
Chardonnay/Viognier
2010, Argentina

(LCBO #262097, \$14.95)

Dry, ample, round, well balanced and flavourful, a great choice for Easter brunch or dinner!

Hecht & Bannier Côtes du Roussillon-Villages 2008,
France

(LCBO #142802, \$22.95)

A red blend of Grenache Mourvèdre and Syrah, it's complex, structured, intriguing — and cellar worthy.

Finca Sobreño Crianza
2008, Spain

(LCBO #40360, \$17.95)

A robust Tempranillo with a lasting warm spicy finish. Great value, flavour and aging potential.

GRAND TOTAL: \$87.75
FOR MORE, SEE SAVVYCOMPANY.CA.

www.stlaurentbelfastfruit.com

FRESH PRODUCE SMALL NAVEL ORANGES 49¢ /lb <small>Product of U.S.A.</small>	FRESH PRODUCE MANGOES 89¢ /ea. <small>Product of Mexico</small>	FRESH PRODUCE ROMA TOMATOES 79¢ /lb <small>Product of Mexico</small>	FRESH PRODUCE RED PEPPERS 89¢ /lb <small>Product of Mexico</small>
ORGANIC FRESH PRODUCE ORGANIC NAVEL ORANGES \$2.99 /ea <small>3 lb Product of U.S.A.</small>	FRESH PRODUCE NECTARINES \$1.29 /lb <small>Product of Chile</small>	FRESH PRODUCE GRAY/WHITE ZUCCHINI 99¢ /lb <small>Product of Mexico</small>	ORGANIC FRESH PRODUCE ORGANIC ROMAINE HEARTS Pack of 3 \$1.99 /ea. <small>Product of U.S.A.</small>

SPECIALS EFFECTIVE THURS. MARCH 29 - WED. APRIL 4, 2012
We reserve the right to limit quantities while they last.

ST. LAURENT BELFAST FRUIT
1010 Belfast Rd.
at St. Laurent Blvd.
613-244-2515

STORE HOURS: Mon.-Fri. 8AM-9PM; Sat 8AM-7PM; Sun 8AM-6PM

Elegant opulence

Chateau Laurier. Treat someone to afternoon tea at Zoe's Lounge

SAMANTHA
EVERTS
For Metro

No white gloves are needed, but reservations are a must at Zoe's. If not a dated ritual, Afternoon Tea at the Chateau Laurier is a fun excuse to treat someone you love to the highest opulence the city has to offer; chandeliers and grand piano included.

With more than 20 teas to choose from, the tea cart is a spectacle in itself with a beautiful Russian samovar and all the teas pressed in glass to see their lavish ingredients. A silver bowl is scooped for a sample to be approved by smell before finalizing your choice that can range from 1908 Fairmont black tea to a caramel-infused Maple Maple, or delicate peach apricot white tea.

Essentially a light five-course meal, a three-tiered platter is presented with scones on the bottom to rich French pastries on the top, finishing with dark-chocolate



A platter for afternoon tea at Zoe's Lounge in the Chateau Laurier.
SAMANTHA EVERTS/FOR METRO

covered strawberries. Again, extravagance is not spared in the presentation. Poshly decorated with the finest China and linens, a bowl of crème fraîche and strawberry jam awaits to be smeared on still warm cranberry buttery scones that sit on the bottom tier.

The miniature cucumber sandwiches had truffled goats cheese instead of cream

English tradition

- High Tea at the Chateau Laurier is an opulent experience dined in mainly for special occasions.
- The elegant lounge upholds English tradition of high tea with three set menus.
- Part of the decadence to the experience is the ritual and excellent service.

cheese, adding a heightened richness. The elegant open-faced smoked Atlantic salmon was savory with capers on pumpernickel, but even though the duck breast was a little dry, the choke-cherry jelly and sliver of green grape made it a delectable morsel.

Many a mother-daughter duo was spotted, but according to the hostess it is also a popular place for Sweet Sixteens and children's parties with their "Little Prince and Princess" tea option.

The Chateau Laurier is located at 1 Rideau St.

For more information, see fairmont.com/laurier.



Attention Ladies ... The Canadian Men SPRING FLING SHOW!

Fri. April 6th



Photo by Steve Gerecke
Hosted by
Stephan Klovan
"Ottawa's Party King!"

\$45 Includes 3 course dinner & shows

(25% of menu proceeds will be donated to Children's Wish Foundation)

Silent auction & Raffle prizes to be won

77 Clarence Street, Byward Market
613.562.2500
www.mambonuevolatino.com

Mambo

WEDNESDAY IS SENIORS DAY!
10% OFF
REGULAR PRICED ITEMS ONLY

ASIAN SUPERCENTRE
1777 TENTH LINE ROAD,
OTTAWA, ON.

ASIAN SUPERCENTRE

盛隆泰大超市

Produce



88¢
ea



Lotus Root

Reg. \$1.99 lb

129
lb



Andy Boy
Romaine Heart

Reg. \$1.99 ea

2 FOR 300



Ginger

Reg. \$1.59 lb

88¢
ea

Young Coconut
Reg. \$1.99 ea
Special Only
March 30, 31 - April 1



188
ea

Jumbo Papaya
Reg. \$1.29 lb
Special Only
March 30, 31 - April 1



99¢
lb

Navel Oranges
Reg. \$1.29 lb



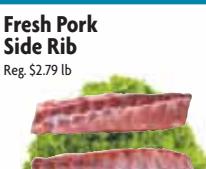
59¢
lb

Green Grapes
Reg. \$1.99 lb



139
lb

Fresh Meat



Fresh Pork
Side Rib

Reg. \$2.79 lb

228
lb



Fresh Chicken
Thighs Bone-in

Reg. \$1.69 lb

118
lb



Beef Boneless
Blade Steak AA

Reg. \$5.99 lb

399
lb

Kitchen



Seasame Balls

Reg. \$1.99 for 2

2 FOR 99¢



Combo

Reg. \$4.99 ea

299
ea



Boiled Hot Fish

Reg. \$7.99 ea

299
ea

TEL: 613-830-8688

BUSINESS HOURS:
Mon to Thu 9AM - 9PM; Fri & Sat 9AM - 10PM;
Sun 9AM - 8PM

www.asiansupercentre.com

*While quantities last. Check price on store display tags in case of discrepancy due to printing error in the advertisement. Asian Supercentre reserves the right to limit quantities. No Raincheck.

Shake up your favourite comfort foods with new ingredients

Sweet Potato and Sausage Shepherd's Pie. This dish combines elements of the classic and some new tasty additions

Some people are adamant about keeping dishes like Shepherd's Pie traditional.

For those who are not, this version uses corn, a thick bed of mashed sweet potatoes, a sausage base and some lean ground beef for good measure.

The result is savoury and sweet in just the right balance.

1. Heat oven to 200 C (400 F). Lightly oil a standard loaf pan.

2. Place sweet potatoes in a large pot and add enough water to cover by 2.5 cm (1 inch). Bring to a boil and cook until tender, about 10 minutes. Meanwhile, in a

Ingredients

- 2 sweet potatoes, peeled and cut into chunks
- 15 ml (1 tbsp) olive oil
- 4 cloves garlic, minced
- 1 yellow onion, diced
- 250 g (1/2 lb) loose Italian sausage meat
- 250 g (1/2 lb) lean ground beef
- 1 ml (1/4 tsp) black pepper
- 175 ml (6 oz) stout or other dark beer (about half a bottle)
- 22 ml (1 1/2 tbsp) cornstarch
- 30 ml (2 tbsp) cool water
- 1 can (398 ml/14 oz) corn kernels, drained
- 1 small can (about 245 ml/8 1/4 oz) creamed corn
- 125 ml (1/2 cup) milk
- 30 ml (2 tbsp) butter
- 15 ml (1 tbsp) brown sugar
- Salt, to taste

large skillet over high, combine olive oil, garlic and onion. Sauté for 5 minutes or until just tender.

3. Add sausage, beef and pepper. Sauté until meat

is browned and cooked through, about 8 minutes. Add beer and simmer until reduced by half, about 4 minutes.

4. In a small glass, mix cornstarch with cool water. Add cornstarch mixture to meat and stir until thickened. Remove from heat.

5. Spread meat and onion mixture evenly in loaf pan. In a small bowl, mix corn kernels and creamed corn, then spread in an even layer over meat. Set aside.

6. Once the sweet potatoes have cooked, drain and return them to the pot. Add the milk, butter and brown sugar, then mash potatoes until smooth. Season with salt.

7. Spoon the potatoes evenly over corn. Bake for 35 minutes or until the potatoes are lightly browned at the edges.

THE ASSOCIATED PRESS

Sweet Potato and Sausage Shepherd's Pie



This recipe serves six. MATTHEW MEAD / THE ASSOCIATED PRESS

Cookbook of the Week

The One Dish Collection



There's nothing quite like classic comfort dishes. That's why food director Annabelle Waugh and the test kitchen staff at Canadian Living magazine have released The One Dish Collection (Transcontinental Books, \$26.95).

The book contains 183 recipes with 80 illustrations that came from staff members who remembered their favorite meals as youngsters growing up.

The recipes are split into the chapters: soups, stews, hearty salads, casseroles, skillets and simmers, and pastas and risottos. THE CANADIAN PRESS

Ham & Cheese sandwich gets a bistro feel

Chef Melissa Craig of the Bearfoot Bistro in Whistler, B.C., created this delicious grilled cheese sandwich for a recent competition in Toronto.

1. Chop tomatoes, olives, garlic and capers. Place in bowl. Add olive oil, stir in Parmesan

and finish seasoning with fresh pepper. Set tapenade aside.

2. Preheat grill to low heat. Slice ciabatta into round disks about 1 cm (1/2 inch) thick.

3. Assemble each sandwich with Swiss cheese, ham and

arugula. Lightly brush both sides of bread with olive oil. Lightly grill each side over very low heat. Remove from grill and place on plates with tapenade on top. DAIRY FARMERS OF CANADA, DAIRYGOODNESS.CA/RECIPES/HAM-GRILLED-CHEESE/EMILY RICHARDS (VISIT, EMILYRICHARDSCOOKS.CA)

Ingredients

• 1 rustic ciabatta bread	• Cracked black pepper
• 125 ml (1/2 cup) olive oil	• Tapenade
• 250 g (8 oz) Swiss cheese	• 60 g (2 oz) sun-dried tomatoes, soaked
• 270 g (9 oz) smoked ham	• 30 g (1 oz) kalamata olives
• 1 bunch arugula leaves	• 1/2 clove garlic, chopped
	• 15 ml (1 tbsp) capers
	• 35 ml (25 ml/1/8 cup plus 10 ml/2 tsp) olive oil
	• 30 ml (2 tbsp) Parmesan cheese

大統華 T&T

Promotion Period: Mar 30 - Apr 05, 2012 Ottawa Store only

3/30 - 4/02
Super Deal \$5.99 /box

3/30 - 4/02
Super Deal \$9.99 /cs

3/30 - 4/02
SWE 1.56
Super Deal \$4.98 /box

3/30 - 4/02
SWE 1.3
Super Deal \$9.99 /set

3/30 - 4/02
While Quantities Last
Super Deal 99¢ /lb
2.18/kg

3/30 - 4/02
While Quantities Last
Super Deal \$2.99 /lb
6.59/kg

3/30 - 4/05
SWE 1.78
Selected Varieties
Super Deal \$9.99

3/30 - 4/05
SWE 1.3
Limit 2 per family
Super Deal \$8.99 /bag

Anniversary Scratch N' Win 100%

Total prizes value over \$800,000

purchase \$35 or more and receive a Scratch N' Win card*

* Anniversary Event Period: 3/16 - 4/12/2012

Quantities and/or selection of items may be limited and may not be available in all stores. No rain checks or substitutions. Advertised prices and product selection may vary by store location. T&T Supermarket reserves the right to limit quantities. Descriptions take precedence over photos. Some illustrations in this advertisement do not necessarily represent items on sale, and are for design purposes only. We reserve the right to correct any unintentional errors that may occur in the copy or illustrations.

9am - 9pm (Sat - Thurs)
9am - 10pm (Friday)

Join us on Facebook
(Search for T&T Supermarket)
Follow us on Twitter
@TTSupermarket

www.TnTsupermarket.com

224 Hunt Club Road, Ottawa, ON. K1V 1C1 613-731-8113

Nobody said it would be easy



THE HOCKEY
NEWS
Murray Pam
ottawa@metronews.ca

Senators fans have witnessed their share of highs and lows through the past 20 seasons, but I cannot recall a two-week span during which their club has sent them on such an emotional roller-coaster.

On March 16, for one night only, thanks to Filip Kuba's overtime goal against Montreal, the Senators vaulted into the Northeast Division lead. Less than 24 hours later, a listless effort against Toronto sucked the wind from the sails. Subsequent losses to New Jersey and the Habs sent the club's fans into a tizzy. A reservation in the post-season, which seemed to be a sure bet, was suddenly dangling by a two-point thread.

Then came the curious cure to what ailed them: Sidney Crosby and the Pittsburgh Penguins. The Pens hadn't lost in regulation in 19 games and were facing an Ottawa squad that had scored six goals in a five-game stretch. Naturally, an eight-spot by the home team in an 8-4 triumph was predictable, right?

Kidding aside, the Sens have elevated their play against good teams this season. Or as Jason Spezza explained, the club

does not like to get "licked" by teams above them in the standings. That would help explain their 12-9-5 record against the upper echelon in the Eastern Conference.

Monday evening, the Senators had a date in Winnipeg. This time they were able to maintain their momentum, defeating the Jets 6-4, getting a two-goal third period from captain Daniel Alfredsson to go along with his four-point night against the Pens. The win effectively put a final nail in the Jets' playoff hopes.

So what lies ahead? Three teams — Ottawa, Buffalo and Washington — are vying for two playoff berths, and each club has five games remaining.

Senators, 88 pts: @PHL, @NYI, CAR, BOS, @NJ

Sabres, 86 pts: @PIT, @TOR, TOR, @PHL, @BOS

Capitals, 84 pts: @BOS, MTL, @TBL, FLA, @NYR

The Senators hold the hammer and all important tie-breaker if they finish even with the Sabres. If Ottawa earns victories in three of its final outings, the Sabres would have to gain nine of 10 points, while the Caps would have to run the table in order to knock the Senators out of a post-season berth.

Sens fans will have to stay strapped in for the next five games, or at least until the ride comes to a full stop.



Ottawa Senator Daniel Alfredsson celebrates after scoring a third-period goal as Winnipeg Jet Zach Bogosian looks on in Winnipeg on Monday. TREVOR HAGAN/THE CANADIAN PRESS



Final Four

Never too old to fight for their team

Authorities say the Kentucky-Louisville basketball rivalry boiled over at a Kentucky dialysis clinic when one patient punched another during an argument about the teams. Georgetown police Lt. Robert Swanigan says the altercation began Monday with a verbal exchange between the 68-year-old Kentucky fan and 71-year-old Louisville fan. The men were arguing over who will win when the teams meet in the Final Four on Saturday.

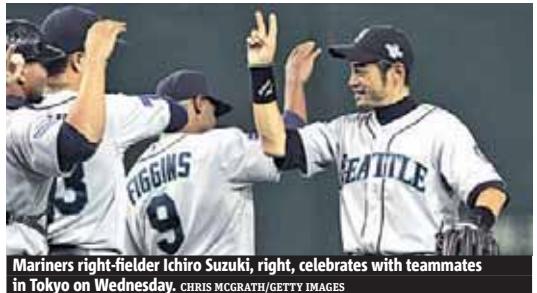
THE ASSOCIATED PRESS

On the web



LeBron James has a dislocated finger but, despite doctors' wishes, will take the floor for the Heat as the Dallas Mavericks return to Miami for the first time since winning the NBA championship last June at American Airlines Arena. Scan the code for the story.

Ichiro still big in Japan as MLB opens season



Mariners right-fielder Ichiro Suzuki, right, celebrates with teammates in Tokyo on Wednesday. CHRIS MCGRATH/GETTY IMAGES

Ichiro Suzuki gave his fans in Japan a performance to cheer about.

Suzuki had four hits in his return home, Dustin Ackley homered and singled in the go-ahead run in the 11th inning, and the Seattle Mariners beat the Oakland Athletics 3-1 Wednesday night in baseball's season opener in Tokyo.

"It was very special to open in Japan," said Suzuki, who spent nine seasons in Osaka

with the Orix Blue Wave. "I wanted to have fun and give the fans something at this special time and wanted to share a special moment with them."

The capacity crowd of 44,227 at Tokyo Dome gave Suzuki a standing ovation when he took his position in right field in the final inning.

MLB and the players' association are using the series to assist rebuilding in Japan following last year's earthquake

and tsunami.

Felix Hernandez combined with two relievers on a six-hitter as MLB opened its season in Tokyo for the fourth time.

Seattle and Oakland complete their two-game series Thursday. The rest of the big-league teams start to get going April 4, when the renamed Miami Marlins open their new ballpark against the World Series champion St. Louis Cardinals. THE ASSOCIATED PRESS

SOCIAL NETWORKING DOESN'T ONLY HAPPEN ONLINE.

12 bottle pack now specially priced at \$22.95*

Heineken®
open your world

*Must be legal drinking age. Available at participating The Beer Store locations while supplies last. Offer ends April 21, 2012. Price subject to change.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-NY Rangers	76	48	21	2	5	299	170	103	26-10-0-2	22-11-2-3	6-4-0-0	W2
d-Boston	76	45	28	1	2	249	188	93	23-13-1	22-15-0-1	5-5-0-0	W3
d-Florida	76	37	24	5	10	189	208	89	20-9-19	17-15-4-1	6-1-0-3	W1
x-Pittsburgh	76	47	23	3	3	256	200	100	27-9-2-0	20-14-1-3	7-2-1-0	L1
x-Philadelphia	76	44	24	2	6	241	213	96	21-12-4	23-12-2	6-3-0-1	L1
New Jersey	77	43	28	2	4	202	208	101	21-13-4	22-15-2-0	5-4-0-1	W1
Ottawa	77	39	28	6	4	236	227	88	20-15-2-2	19-13-4-2	5-3-0-2	W2
Buffalo	77	38	29	4	6	202	210	86	20-11-3-5	18-18-1-1	7-1-0-2	W5
Washington	77	38	31	4	4	206	219	84	24-11-2	14-20-2-2	5-3-1-1	L1
Winnipeg	76	35	33	4	4	205	223	78	23-12-3	12-21-3-1	4-6-0-0	L2
Tampa Bay	76	35	34	4	3	216	260	77	23-14-1	12-20-3-2	4-5-1-0	L1
Carolina	77	31	31	9	6	205	228	77	19-13-5	12-18-8-1	6-4-0-0	W1
NY Islanders	76	32	33	7	4	185	227	75	15-16-1	17-17-3-2	5-3-1-1	W2
Toronto	77	33	35	4	5	217	242	75	16-15-4	17-20-1-1	3-5-0-2	L2
Montreal	77	29	34	4	10	199	214	72	14-15-2-8	15-19-2-2	4-2-2-2	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-St.Louis	77	48	20	1	8	199	147	105	30-4-13	18-16-5-5	6-2-0-2	W2
y-Vancouver	76	46	21	2	7	230	187	101	22-10-0-4	21-11-3-2	5-4-1-0	W3
d-San Jose	76	39	27	5	5	210	196	88	24-12-2	15-15-3-4	6-3-1-0	W3
x-Detroit	76	46	25	3	2	237	187	97	30-5-11	16-20-2-1	3-5-2-0	W2
Nashville	77	44	25	3	5	219	207	96	24-9-3	20-16-2-3	5-4-0-1	L1
Chicago	77	42	26	4	5	231	222	93	26-8-14	16-18-3-1	6-2-0-2	L2
Dallas	76	41	30	1	4	202	202	87	22-14-0-3	19-16-1-1	6-4-0-0	L1
Phoenix	77	37	27	3	10	200	202	87	19-13-2-4	18-14-1-6	4-2-0-2	L2
Los Angeles	76	37	27	5	7	175	165	85	21-14-0-4	16-15-3-5	6-4-0-0	L2
Colorado	78	40	32	4	2	201	207	88	22-15-1-1	18-17-3-1	5-3-1-1	L1
Calgary	77	35	27	6	9	191	212	85	21-10-5	14-17-5-4	5-1-2-2	W1
Anaheim	76	32	33	5	6	191	212	75	20-17-2-0	16-16-3-6	4-5-1-0	L1
Minnesota	76	31	35	2	8	161	210	75	22-17-3-2	14-19-1-5	3-7-0-0	L3
Edmonton	76	31	36	3	6	206	223	71	18-15-3-2	13-21-1-3	5-2-1-2	W2
Columbus	76	24	45	2	5	156	250	55	14-21-2-2	10-24-1-3	3-7-0-0	L2

x = clinched playoff berth; d = division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

N.Y. Rangers at Winnipeg

Detroit at Columbus

Los Angeles at Calgary

Dallas at Edmonton

Colorado at Vancouver

San Jose at Anaheim

Tuesday's results

Carolina 3 Toronto 0

Florida 3 Montreal 2 (SO)

Boston 5 Tampa Bay 2

Buffalo 5 Washington 1

New Jersey 2 Chicago 1 (SO)

N.Y. Islanders 5 Pittsburgh 3

N.Y. Rangers 3 Minnesota 2

St. Louis 3 Nashville 0

Tonight's games

All Times Eastern

Washington at Boston, 7 p.m.

Philadelphia at Toronto, 7 p.m.

Tampa Bay at New Jersey, 7 p.m.

Pittsburgh at N.Y. Islanders, 7 p.m.

Florida at Minnesota, 8 p.m.

St. Louis at Chicago, 8:30 p.m.

San Jose at Phoenix, 10 p.m.

Tomorrow's games

Winnipeg at Carolina, 7 p.m.

Florida at Columbus, 7 p.m.

Montreal at N.Y. Rangers, 7:30 p.m.

Pittsburgh at Buffalo, 7:30 p.m.

Nashville at Detroit, 7:30 p.m.

Colorado at Calgary, 9 p.m.

Los Angeles at Edmonton, 9:30 p.m.

Dallas at Vancouver, 10 p.m.

Saturday's games

Boston at N.Y. Islanders, 1 p.m.

Ottawa at Philadelphia, 1 p.m.

Buffalo at Toronto, 7 p.m.

Montreal at Washington, 7 p.m.

Pittsburgh at Buffalo, 7:30 p.m.

Nashville at Detroit, 7:30 p.m.

Colorado at Calgary, 9 p.m.

Los Angeles at Vancouver, 10 p.m.

Dallas at San Jose, 10:30 p.m.

SCORING LEADERS

	G	A	PT
Malkin, Pg	46	53	99
Stamkos, TB	55	35	90
Giroux, Pha	27	59	86
Spezza, Ott	31	49	80
Neal, Pg	37	41	78
Kessel, Tor	36	41	77
Kovalchuk, NJ	32	43	75
Tavares, NYI	31	44	75
Karlsson, Ott	19	56	75
Hossa, Chi	29	45	74
Eberle, Edm	32	41	73
H.Sedin, Vr	13	60	73
Thornton, SJ	16	56	72
Ra Whitney, Phx	23	48	71
Elias, NJ	25	45	70
St.Louis, TB	24	46	70
Gaborik, NYR	38	31	69
Bominville, Buf	29	39	68
Eriksson, Dal	26	42	68
E.Staal, Car	23	45	68
D.Sedin, Vr	30	37	67
Lupul, Ior	25	42	67
Zetterberg, Det	21	45	66
Hartnell, Pha	36	29	65
Kopitar, LA	24	41	65
Parenteau, NYI	16	49	65
Moulson, NYI	34	30	64
Iginla, Cal	31	33	64
Parise, NJ	30	34	64
Sharp, Chi	30	34	64
Filppula, Det	23	41	64
Selanne, Ana	24	39	63
Datsyuk, Det	18	44	62
Ovechkin, Wash	36	25	61
Benn, Dal	26	35	61
Seguin, Bos	26	35	61
B.Richards, NYR	24	36	60
P.Kane, Chi	20	40	60
Purcell, TB	20	40	60
Wheeler, Wpg	17	43	60
Ryder, Dal	33	26	59
Couture, SJ	30	29	59
Pacioretty, Mtl	30	29	59

Not including last night's games

BASKETBALL

NCAA MEN'S TOURNAMENT

FINAL FOUR

At New Orleans

All Times Eastern

SEMI-FINALS

Saturday's games

Kentucky (36-2) vs. Louisville (30-9), 6:09 p.m.

Ohio State (31-7) vs. Kansas (31-6), 8:49 p.m.

CHAMPIONSHIP

Monday, April 2

Kentucky-Louisville winner vs. Ohio State-Kansas winner, 9 p.m.

NLL

WEEK 13

All Times Eastern

Tomorrow's game

Calgary at Minnesota, 8:30 p.m.

Saturday's games

Colorado at Rochester, 1:05 p.m.

Toronto at Buffalo, 7:30 p.m.

Minnesota at Edmonton, 9 p.m.

Washington at Calgary, 9 p.m.

CALENDAR

April 26 — Regular season ends

April 27 — Rosters set for playoffs, 3 p.m. EDT

April 28 — Playoffs begin.

April 29 — Draft early entry eligibility deadline, 11:59 p.m. ET

May 30 — Draft lottery

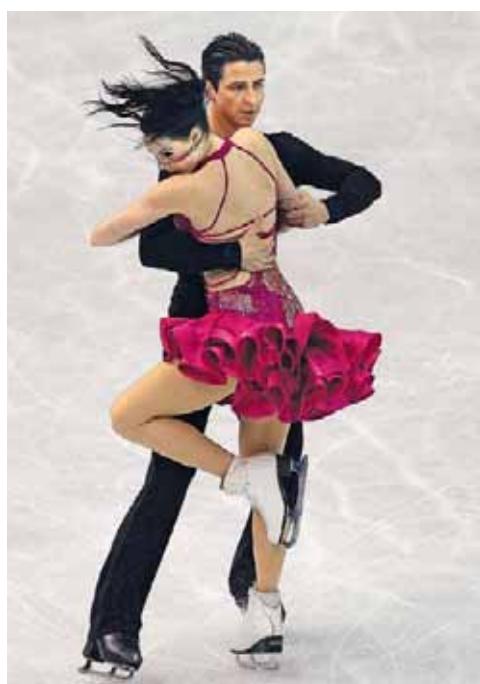
NBA

EASTERN CONFERENCE

NBA

WESTERN CONFERENCE

NBA



World-class start for Canada

Canada's Olympic ice-dance champions Tessa Virtue and Scott Moir, above, are a step closer to reclaiming their world title in Nice, France. The duo won Wednesday's short program with a 72.31 score, edging American rivals and defending champions Meryl Davis and Charlie White, who scored 70.98.

FRANCOIS MORI/THE ASSOCIATED PRESS

'Anything can happen,' says captain

CONCACAF. Canadian soccer team looking to advance to Olympics

Canada is hoping for one more dramatic twist at an already surprising CONCACAF men's Olympic soccer qualifying tournament.

After a shock 2-0 win against the U.S. and a disappointing 1-1 draw with Cuba in group play, the Canadian under-23 team will need a monumental performance against Mexico in Saturday's semifinal to advance to the London Games.

And the team needs to look no further than its captain for inspiration.

Nana Attakora is a player who has experienced success against Saturday's opponent, having led the Canadian U-20

team that defeated Mexico in 2009.

"They're humans just like us," Attakora said from Kansas City. "They'll make mistakes and we can't look at them like they can't be beat."

Canada wasn't expected to make it out of the group stage, let alone be one win away from London.

"It was a tough group — El Salvador, great team. U.S. obviously has a ton of great young players," Attakora said. "Getting out of the group has been an accomplishment. I think if we work hard, we've proven that anything can happen."

The 22-year-old defender sat helplessly on the bench Monday as the Cubans snatched a late equalizer on a set piece to deny the Canadians a chance at top spot in their group.



Canada's Marcus Haber reacts after Cuba's late goal on Monday in Nashville, Tenn.

MARK HUMPHREY/THE ASSOCIATED PRESS

Quoted

"Anyone can be beat. Everyone thought the U.S. would finish first in this tournament and they're out now."

Nana Attakora, Canada captain

The goal meant El Salvador, which produced a surprising 3-3 tie against the favoured U.S. later Monday to win the

group and eliminate the Americans, will take on Honduras in one of Saturday's semifinals.

THE CANADIAN PRESS

metro

HELP WANTED

General Help

BILINGUAL 5 TON DRIVER for Sleep Country. Must possess valid G class driver's license, clean driver's abstract, previous experience driving 5 ton trucks, ability to safely carry & handle mattresses, bilingual in French & English (oral & written), provide strong customer service. Submit resume to jobs@sleepcountry.ca.

New Innovative Industry Seeking 6 Associates. We offer a GUARANTEED base salary of \$14.75 per HOUR! PLUS \$ Weekly BONUSES of \$250-\$2500 Every WEEK! VACATION Incentive - Jamaica/Span/Las Vegas/Thailand for 2012! NO Experience Required! Will TRAIN the RIGHT ATTITUDE! FULL TIME - Must be Available M-F 11am-8pm & Sat 11am-5pm. 613-225-2300 mark@newhomecomfort.ca

CLASSIFIEDS

Education



Up to \$18/hr
No Experience Required
Employment Guaranteed
Ottawa: (613) 238-1812

RENTALS

Apartments Unfurnished



Windsor Arms - Located along the main axis of Parliament, built in 1930 to be one of Ottawa's premiere addresses. Designed in the Art Nouveau style.
Please contact for rental availability

AUTOMOTIVE

Cars & Trucks for Sale

2006 Nissan Sentra 1.8 SE
105,650 kms, 4 door, automatic, A/C, airbags, PS, PB, PL, PW, AM/FM radio
\$7500 613-262-4141

Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

Apartments Unfurnished

Cars & Trucks Wanted

ANY CONDITION Top prices guaranteed
FREE pickup - trucks, cars, vans
TOP \$\$ PAID!! Advanced towing
613-262-9512

SERVICES

Mortgages

OWN A HOME?

Loaded with Debt? I can help! 1st, 2nd, 3rd Mortgages Re-Financing, Home Equity Loans, Debt Consolidation Loans, Bad Credit? Self-Employed? Bank said "No"? Fast approvals! Quick Closing!
Steve Daigle: sdaigle@tmacc.com
(613) 863-0649

LOOKING TO MAKE A CAREER CHANGE?

Read metro work every Monday & Wednesday.

Sell Your Stuff For FREE! Call 1-800-527-6767

Limited space Available Size 1.535" X .542", Limit 1/day, 2/wk

5 FRANKLIN MINT Porcelain Native Spirit Collector Plates \$150 for all 5
613-617-4908

Call: 1-800-527-6767 today to book this space!
Size 1.535" X .542", Limit 1/day, 2/wk

FOR SALE - Clothes Dryer Hotpoint, heavy duty, good condition (great for summer cottage) \$80.00
Call Brian at **613-744-8236**

Gravity Lounger Built in Pillow Like NEW \$45.00
613-733-2289

LOOKING for donations of any construction / renovation materials, such as toilets, sinks, ceiling fans, drywall, etc. Please call Melodie at 613-315-5943 or Angele at 613-302-5943

Remove Varicose Veins & Cellulite
No surgery required. Fast results and Less expensive than the Spa
Call for information (613) 832-9251

African Senegal Parrot with cage \$500
(613)248-8223

Collection of Zippo Lighters NEW Jack Danielle, Elvis, Harley, Etc
Please call for more details.
(613)746-8141

FREE 36" RCA TV
(613)822-0953
ASK FOR MARIO

Great Britain Stamps
\$5.00 Package
613-565-2974

LOOKING for donations for Children and Stuff for a Kitchen
Melodie at 613-315-5943 or Angele at 613-302-5943

Books \$5.00 Each
•Art of Aging •How to Doctor your feet without a Doctor •Pursuit of Happiness
613-565-2974

DINING ROOM SET Hutch, table and 8 chairs
\$350
613-440-4003

French Provincial Living room Chair Light Pink with floral design
\$50
613-746-0100

KITCHEN TABLE & 6 CHAIRS Real wood, sturdy
Great condition. \$200.00
613-446-8774

MENS DESIGNER WARDROBE Jackets, shirts, ties, some suits.
Like new condition. Hugo Boss, Armani etc.
613-249-8293

BROIL KING BBQ New grill
\$125
613-440-4003

Don't wait until Spring, Sell Your Stuff
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

GIBBARD DINING ROOM SET. 6 chairs, buffet, hutch, table extends to 8ft
\$1500
613-740-0337

Limited spaces avail. Get yours today!
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

MOVING OUT SALE!!!
Breadmaker \$60
Call (613) 560-5985

Your Free Ad Here!
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

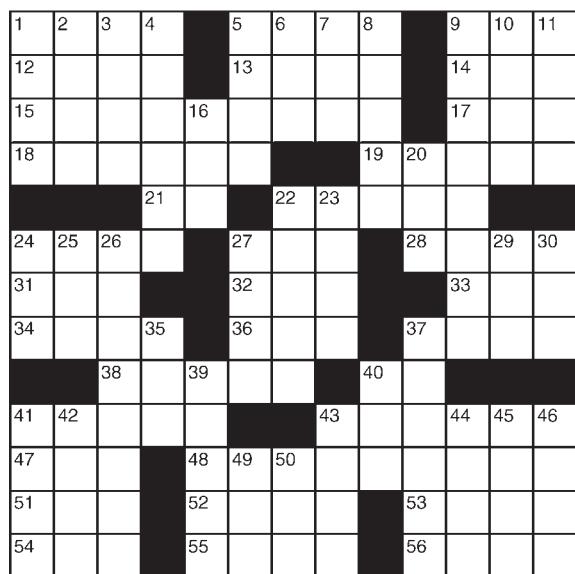
Crossword

Across

- Big bash
- Virtue's opposite
- Flop
- Japanese sashes
- Exotic berry
- Compass dir.
- With-drawing from office
- "Cool" amount of cash
- Ranking
- Part of Hispaniola
- Morning hour on a sundial
- "Psycho" setting
- Hospital furnishings
- Space
- Organization
- Anger
- Sailor's assent
- "I" strain?
- Tournament component
- Leno's network
- Wan
- Reflec-tion
- Pacino or Yankovic
- Tangy cuisine
- Ape
- Yoko of music
- "Ghost" co-star
- To the — degree
- Author Hunter
- Pronto, in the ER
- Family
- Look for
- Highland hats

Down

- Pantheon figures
- Help in a crime
- Peru's capital
- Unchanged
- Cisterns
- Here (Fr.)
- The skill set
- Square dance group
- Cecil B. and Agnes
- One
- Sandwich shop
- Formal wear
- NRC predecessor
- Perhaps
- Oil cartel
- Humongous
- Geological time
- Wicker-covered bottle
- Group of hoods
- "Yecch!"
- Lad



5 Cisterns
6 Here (Fr.)
7 Has the skill set
8 Square dance group
9 Cecil B. and Agnes
10 One
11 Sandwich shop
16 Formal wear
20 NRC predecessor
22 Perhaps
23 Oil cartel
24 Humongous
25 Geological time
26 Wicker-covered bottle
27 Group of hoods
29 "Yecch!"
30 Lad

35 Big Aussie bird
37 Not quite
39 South American range
40 Intention
41 Hit on the head
42 Oppositionist
43 Kitchen fixture
44 Greek vowel
45 Composer Khatourian
46 Profits
49 Previous night
50 West of Holly wood

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Yesterday's answer

O	P	U	S	E	A	B	I	T
R	O	S	E	P	O	I	D	U
B	U	S	T	L	I	S	L	E
S	T	R	A	I	N	H	P	H
F	A	R	T	A	O	N	E	N
O	V	U	M	H	O	E	L	K
R	E	S	I	N	P	H	D	L
T	R	O	D	R	E	S	L	E
S	P	A	R	S	E	A	M	E
A	R	G	O	B	U	S	I	N
F	O	U	R	T	E	O	D	I
E	F	T	S	G	A	S	R	A

Horoscope

Aries | March 21 - April 20.

Someone you meet will tell you something that may not mean much to you now, but it could be used to your benefit later on.

Taurus | April 21 - May 21.

You will talk your way out of trouble today but how did you get into this position in the first place?

Gemini | May 22 - June 20.

You need to convince someone that you know what you are talking about and that you are serious about your aims.

Cancer | June 21 - July 22.

You will have to do something you don't want to do, simply because someone else has the power to make you. Do it with a smile.

Leo | July 23 - Aug. 22. With the Sun, your ruler, at odds with Pluto today, chances are you will have to do a lot of explaining.

Virgo | Aug. 23 - Sept. 22.

People who have an inflated sense of their own importance are often easy to influence and you can use that fact to your advantage today.

Libra | Sept. 23 - Oct. 22.

It appears that someone has a grudge against you and you don't have the faintest idea why. The only way to find out is to ask.

Scorpio | Oct. 23 - Nov. 21.

Someone in authority will give you a hard time today and you may be tempted to hit back at him or her in some way. Don't!

Sagittarius | Nov. 22 - Dec. 21.

Someone is jealous of the attention you have been getting and would like nothing better than to see you take a fall.

Capricorn | Dec. 22 - Jan. 20.

You don't have to exert yourself to any great extent today. You just have to persuade others to do things for you. Easy.

Aquarius | Jan. 21 - Feb. 18.

Don't give someone the impression that you agree with what they say when, secretly, you disagree.

Pisces | Feb. 19 - March 20.

The whole idea of life is to try new things and that, inevitably, means making mistakes. Go out and make some more. **SALLY BROMPTON**

QuestChat
feel the rush
TRY IT FREE
613.232.4444
Other Cities 1.888.482.8282
1.900.677.4444 • 125/10min
Dial #CHAT#24280 • J971H#
Text "QUEST" to 96666 • 15/10min
Free trial not applicable on BC-HM

questchat.com

Sudoku

2		7	4	6	8		
			2		1		
7				4	5		
	7	9		1	3		
	8	9		6	4		
9	6				7		
2		3					
5	1	2	9	6	7		

Send a kiss

- a who.** I always thought love was about who can make you smile, who can make you laugh when you don't want to laugh, who can make you cry and who can make you do things for them you may not want to do at the moment. guess-ing i was wrong? jenny

- Campbell Soup.** You must be used to me crying, you know my heart cant take no more i wont keep running back to you. thinking about my strength to finally get up and leave seems like i finally got my head on straight. cant wait to wake up everyday without you on my brain.. oh well proud to say i will never make that same mistake!! No Name Soup

- Fall-apart-ers.** Here's to all the fall-a-parters, jesus loves you! Blessings for everyone! Never too late?

- All lies.** Why didnt i listen to my heart when he had me guessing from the start, more and more i wonder why do i still want her after all the love i gave her but it wasnt mutual sooo whatever then. And everytime the phone rings i wish it was your call, but that wont happen. From gullible

Yesterday's answer

1	7	8	8	2	9	3	4	5
2	3	9	5	6	4	8	7	1
0	5	4	1	7	3	2	9	6
3	9	1	2	4	7	5	8	8
4	8	5	6	9	1	7	3	2
7	6	2	3	8	5	9	1	4
9	2	7	4	5	6	1	0	3
6	1	8	9	3	2	4	5	7
5	4	3	7	1	8	6	2	9

Today



5°/-5°
Partly sunny

Friday



6°/-2°
Sunny

Know what the weather will be 14 days from now.
Check the 14 day trend.

TWN incorporates MSC data

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Caption Contest

"Ah, I think they're a size six and a half."

Tony

LIONEL CIRONNEAU/THE ASSOCIATED PRESS

NEED COOL DESIGN TIPS?
Read metrohome every Thursday.



PLAY
TODAY



POKER LOTTO

WIN
NOW
\$5,000 ON THE SPOT



WIN
LATER
\$100,000 NIGHTLY DRAW



Know your limit
Play within it

knowyourlimit.ca

olg.ca
1-800-387-0098





Rallye
RALLYEMITSUBISHI.CA
819.568.9999

Canada's Largest Mitsubishi Dealership



Just 5 minutes from Parliament hill

**10 YEAR
160,000 km
POWERTRAIN LTD WARRANTY**
BEST BACKED CARS IN THE WORLD™

2012 LANCER



Starting at:
\$94 BI-WEEKLY **\$0** DOWN
26 months from 4.8% APR included. HST, GIC,
Taxes, license, insurance, maintenance, fuel, registration
and insurance extra.

2012 RVR



\$117 BI-WEEKLY \$0 DOWN

2012 iMiev



**UP TO \$8,201
IN GOVERNMENT REBATE!**

\$34,978

- 100% ELECTRIC
- 100% ENVIRONMENTAL

Rallye
NO.1 VOLUME MITSUBISHI DEALER IN
IN CANADA
October 1-November 30, 2011

1185, boul. La Vérendrye Ouest, Gatineau
Rallyemitsubishi.ca • 819.568.9999
ONLY 5 MINUTES AWAY FROM DOWNTOWN OTTAWA

**\$500 UP TO \$1000 MORE
ON VEHICLE TRADE-IN**



OCTOBER & NOVEMBER 2011
For all purchase financing offers, customers must sign contract and take delivery by April 2, 2012. Subject to credit approval. Bi-weekly payments. 96 monthly term at 4.9%. Freight and P&H included. Taxes, options, registration and insurance extra. Photo for illustration purposes only. All offers on approved credit. *4.1% prior

The advertisement features a blue Mazda CX-5 on the left, with a price tag of \$24,924. The CX-5 has a small text box below it stating 'EXPERIENCE THE ALL-NEW 2013 CX-5 FOR YOURSELF. IN SHOWROOMS NOW!' and a larger text box below that says '2013 MAZDA CX-5' and '\$24,924**'. To the right of the CX-5 is a large 'ELITE GATINEAU' logo. At the top right, the text 'Ottawa-Gatineau's #1 Mazda Dealer!' is displayed above the words 'BUY TODAY DRIVE A WINNER!'. Below these, a large blue text box reads 'WE HAVE THE TECHNOLOGY TO BUILD AN SUV WITH BETTER-THAN-A-HYBRID HIGHWAY FUEL ECONOMY*'. Further down, there is a section for the '2012 MAZDA6' with a bi-weekly payment of '\$152 at 1.99% APR with \$0 down' for 84 months. It includes a white Mazda6 image and the text 'SEE ELITE MAZDA TODAY OR VISIT ELITEMAZDA.CA FOR DETAILS'. To the right of the CX-5, there is a section for the '2012 MAZDA2' with a bi-weekly payment of '\$99 at 3.99% APR with \$0 down' for 84 months. It includes a red Mazda2 image and the text 'Well equipped from \$15,695. Excludes HST.' At the bottom, there is a note about floor mats and a full tank of gas, followed by contact information: 'EVERY ELITE MAZDA IS DELIVERED WITH FLOOR-MATS AND A FULL TANK OF GAS.' and 'ELITE MAZDA • 1205 BOUL. LA VÉRENDRYE OUEST • GATINEAU ELITEMAZDA.CA • 819.568.6000'.